D.C. Update: SAMHSA and NASADAD Annual Meeting dates announced, SAMHSA publishes series of advisories on substance use disorder treatment, and more

Meet the Member
Stephanie Starks-Lovelady, Women’s Coordinator from State of Ohio
Stephanie Starks-Lovelady currently serves as the Women’s Treatment Coordinator for the Ohio Department of Mental Health and Addiction Services (OhioMHAS). In this position, Stephanie plans, develops, and coordinates statewide alcohol and drug addiction services for pregnant and postpartum women and their children. She develops grant applications and guidelines and gathers and analyzes information regarding the needs of consumers and the capacity of alcohol and drug systems to meet these needs. Previously, Stephanie served as a Correctional Program Coordinator with OhioMHAS. In that role, she worked to bring recovery services to inmates in the Ohio prison system and helped to introduce a curriculum for men who are serving life sentences. Prior to this, Stephanie served as lead clinical supervisor for Volunteers of America of Greater Ohio, Family Services division, where she monitored contract and program compliance, client progress, and program development. As a person in long-term recovery from addiction, Stephanie works to destigmatize mental health and substance use disorders. Ms. Starks-Lovelady holds an MSW and LSW specializing in mental health, substance use, and resource acquisition. She holds both her bachelor’s and master’s degrees in social work from The Ohio State University.
News from NASADAD

SAMHSA and NASADAD Annual Meeting dates announced
The Substance Abuse and Mental Health Services Administration (SAMHSA) & National Association of State Alcohol and Drug Abuse Directors (NASADAD) Annual Meeting will be held on June 7 and 9-11, 2021. Due to health and safety concerns and the uncertainty of COVID-19, the Annual Meeting will be held virtually this year. The Annual Meeting brings together SAMHSA leadership, Single State Agency Directors for alcohol and drug services, State Prevention Coordinators, Treatment Coordinators, Women’s Services Coordinators, State Opioid Treatment Authorities, and other State and national stakeholders that address substance use, misuse, and use disorders. The meeting is a forum to hear about the latest substance use trends and practices; to engage in interactive discussions on emerging issues; and to share information on model programs and strategies used across the prevention, treatment, and recovery system.

Around the Agencies

ONDCP to hold workshops on substance use disorders for faith leaders
The Office of National Drug Control Policy (ONDCP) recently launched a workshop series titled “Empowering Faith Leaders to Help Persons with Substance Use Disorder.” As described by ONDCP, the four workshops are intended to increase faith leaders’ understanding of substance use disorders (SUD) and how to connect faith to the continuum of care; build capacity of faith leaders to take action by providing information to prepare and ready leaders and their congregants to provide the support needed to assist individuals with SUD; and help faith leaders to find their lane and empower faith communities to put initiatives in place. A recording of the first workshop, Substance Use Disorder and the Pandemic in Rural Communities, is now available to watch. For more information on upcoming workshops, click here.

SAMHSA now accepting applications for Strategic Prevention Framework for Prescription Drugs grant
The Substance Abuse and Mental Health Services Administration (SAMHSA) is now accepting applications for the fiscal year (FY) 2021 Strategic Prevention Framework for Prescription Drugs grant program. As described in the funding opportunity announcement (FOA), the purpose of the grant is to raise awareness about the dangers of sharing medications and to work with pharmaceutical and medical communities on the risks of overprescribing to young adults. The program will also raise community awareness and bring prevention activities to schools, communities, parents, prescribers, and their patients. Eligibility is limited to States, territories, and tribal entities that have completed a Strategic Prevention Framework-Partnerships for Success (SPF-PFS) or a similar State-level strategic plan related to the prevention of prescription drug misuse and have a State run PDMP. SAMHSA anticipates 26 awards with a total of $10 million in funding and applications are due April 30th.

SAMHSA publishes guide on SUD treatment for youth with mental health disorders
The Substance Abuse and Mental Health Services Administration (SAMHSA) recently published a guide and online resources on evidence-based practices for treating substance use disorders (SUD) among youth with mental health disorders. The guide, titled “Treating Substance Use Disorders Among Youth and Young Adults with Co-Occurring Mental Health and Substance Use Disorders: A Guide for Clinicians,” is intended for clinicians who work with youth and young adults. The guide provides information on evidence-based practices, including medication-assisted treatment, that can be used to treat co-occurring disorders. The online resources include a searchable database of evidence-based practices, a tool for clinicians to assess the level of evidence for a practice, and a bibliography of research articles. The resources are available on the SAMHSA website.
Administration (SAMHSA) recently published a new guide titled *Treatment for Youth and Young Adults with Mood Disorders and other Serious Emotional Disturbances and Co-occurring Substance Use*. As described by SAMHSA, the guide reviews interventions on treatment substance misuse and substance use disorders (SUD) in youth with serious emotional disturbances, distills the research into recommendations for practice, and provides examples of the ways that the recommendations can be implemented. In addition, the guide provides examples of treatment programs for the intended population and resources for implementing best practices, monitoring outcomes, and improving quality.

**SAMHSA publishes series of advisories on substance use disorder treatment**

The Substance Abuse and Mental Health Services Administration (SAMHSA) has published a series of Advisories based on existing Treatment Improvement Protocols (TIPs) and Technical Assistance Publications (TAPs). The first advisory, *Comprehensive Case Management for Substance Use Disorder Treatment*, covers the principles and models of case management, discusses reasons SUD treatment providers might consider implementing or expanding the use of case management, and lists several resources and tools. The second advisory, *Using Motivational Interviewing in Substance Use Disorder Treatment*, addresses the fundamentals and use of motivational interviewing (MI), discusses how providers can use MI in treatment, and provides tools for providers. A third advisory, *Screening and Treatment of Viral Hepatitis in People with Substance Use Disorders*, provides guidance to providers on screening for, and treating clients with, hepatitis A, hepatitis B, and hepatitis C infections. In future DC Updates, additional advisories will be covered.

**Research Roundup**

**NIDA study examines collaborative approach to treating opioid use disorder**

A study recently published by the National Institute on Drug Abuse (NIDA) examined a team-based approach for treating opioid use disorder (OUD). The pilot study enrolled participants receiving buprenorphine treatment who were first treated by physicians to evaluate the patients and determine the dosage of medication. Their care was then transferred to a community pharmacist for the duration of the study. Pharmacists met with patients monthly to dispense medication, monitor withdrawal symptoms, check whether patients were attending counseling, and perform urine drug screens. Results from the study found high rates of treatment retention (88.7%) and adherence (95.3%) at the end of the study. In addition, over 90% of patients reported being very satisfied with the quality and convenience of treatment. Physicians and pharmacists also provided positive ratings of satisfaction at the conclusion of the study.