# NASADAD National Association of State Alcohol and Drug Abuse Directors

D.C. Update: AMCHP and NASADAD release case studies on harm reduction strategies for PPW, NIDA releases 2021 Monitoring the Future survey results, and more

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#### Meet the Member

#### Bobbie Boyer, Prevention Coordinator for State of Ohio

Bobbie Boyer's experience spans more than four decades with work in administration, strategic planning, program development, staff supervision and training, marketing, and community collaboration. In her role as Deputy Director of the Office of Prevention Services, Ms. Boyer is responsible for managing the department's overall prevention efforts. This includes making sure that programming is aligned with priorities established by the Governor's RecoveryOhio initiative and expanding the workforce that is capable of sustaining evidence-based prevention strategies. The Office of Prevention Services provides infrastructure support to



local communities and organizations in their work to reduce risk and implement strategies that promote mental and emotional health. Ms. Boyer holds independent licensure from the Ohio Counselor and Social Worker Board and the Ohio Chemical Dependency Professionals Board, along with the highest certification in prevention.

# NASADAD Staff Spotlight

Caroline Halsted, Research Analyst at NASADAD Caroline Halsted works with the Women's Services Coordinators and Youth Coordinators at NASADAD. She



has worked on several large projects with the Association including a <u>publication</u> on early intervention for youth at risk for substance use disorders and harm reduction <u>case studies</u> for pregnant and parenting women (PPW). She previously worked for the Illinois Governor's Federal Affairs Office and participated in the National Institute on Drug Abuse's summer research internship program. Caroline holds a B.S. in Community Health with a concentration in health planning and administration and a minor in Political Science from the University of Illinois at Urbana-Champaign.

# News from NASADAD

# AMCHP and NASADAD release case studies on harm reduction strategies for PPW

The Association of Maternal and Child Health Programs (AMCHP), in collaboration with NASADAD, recently released an interactive collection of case studies on State harm reduction strategies. The resource was developed to highlight successful collaborations between State Maternal and Child Health (MCH) Title V programs and State alcohol and drug use agencies, State Harm Reduction Strategies: Improving Outcomes for Reproductive-Aged Women Who Use Substances

e purpose of this AMCHP-National Association of State and Alcohol Drug Abuse Directors (IVASADAD) project is to highlight common arm reduction strategies used by state Maternal and Child Health (MCH) Title V programs and alcohol and drug abuse agencies to ess the needs of pregnant and parenting women (PPW) who use substances. The goal of this project is to disseminate those strategie as a resource to states who with to adapt them to their specific contexts.



identify examples of evidence-based harm reduction practices at the State and local level, and share key takeaways of these practices. State profiles were developed for Alabama, Colorado, Connecticut, Florida, Iowa, Nevada, New Jersey, Pennsylvania, Rhode Island, and Vermont and harm reduction services included contraceptive counseling; care-quality collaboratives; Screening, Brief Intervention, and Referral to Treatment (SBIRT); naloxone distribution; medicationassisted treatment (MAT); and syringe service programs.

# Around the Agencies

#### SAMHSA accepting applications for new Harm Reduction Grant Program

The Substance Abuse and Mental Health Services Administration (SAMHSA) is now accepting applications for the new SAMHSA Harm Reduction Grant Program. As described in the <u>funding announcement</u>, this funding, which was authorized by the American Rescue Plan Act (ARPA), will help increase access to a range of community harm reduction services and support harm reduction service providers as they work to help prevent overdose deaths and reduce the health risks often associated with substance use. A webinar to review the requirements of the grant program will be held on December 20<sup>th</sup> at 2:00pm. Registration is not required and the webinar can be accessed <u>here</u>.

# SAMHSA releases publication on buprenorphine in primary care settings

The Substance Abuse and Mental Health Services Administration recently released a new publication titled <u>Practical Tools for Prescribing and Promoting</u> <u>Buprenorphine in Primary Care Settings</u>. As described in the publication, the resource provides information to primary care providers and practices on how to implement opioid use disorder treatment using buprenorphine and identifies

common barriers and strategies to overcome them. The publication also provides detailed information for primary care providers on supporting patients through the phases of care, educational efforts to address stigma, payment mechanisms, and relationship building with pharmacies. Finally, the publication also includes several resources including checklists and sample patient forms.

#### SAMHSA releases 988 Appropriations Report

The Substance Abuse and Mental Health Services Administration (SAMHSA) recently released a <u>988</u> Appropriations Report. As directed by Congress in the fiscal year (FY) 2021 Labor, Health and Human Services, Education, and Related Agencies (L-HHS) appropriations bill, SAMHSA prepared the report

#### SAMHSA

Practical Tools for Prescribing and Promoting Buprenorphine in Primary Care Settings



responding to congressional questions regarding the National Suicide Prevention Lifeline and 988 implementation. The report notes the potential for 988 to transform the crisis system and discusses volume and cost estimates needed for full 988 implementation. SAMHSA noted that efforts are currently focused on strengthening and expanding the existing Lifeline network with a total of \$282 million to accomplish this. Approximately \$177 million will be used to strengthen and expand Lifeline network operations, telephone infrastructure, and expansion of chat/text response services. An addition \$105 million will be used to fund States and territories to build up their workforce in local crisis call centers. In addition to funding allocations, SAMHSA included data on suicide rates and attempts, Lifeline call and text volume data, and training efforts to improve services for at-risk youth.

# **Research Roundup**



#### NIDA releases 2021 Monitoring the Future survey results

The National Institute on Drug Abuse (NIDA) recently released findings from the 2021 Monitoring the Future survey which gathers data regarding substance use behaviors and attitudes among eighth, 10<sup>th</sup>, and 12<sup>th</sup> graders. Results of the survey indicated that the percentage of adolescents reporting substance use decreased significantly in 2021, including

those most commonly used – alcohol, marijuana, and vaped nicotine. This year, the study also surveyed adolescents on mental health during the COVID-19 pandemic and found that students across all age-groups reported moderate increases in feelings of boredom, anxiety, depression, loneliness, worry, difficulty sleeping, and other negative mental health indicators since the beginning of the pandemic.