

Connecticut Recovery Initiatives

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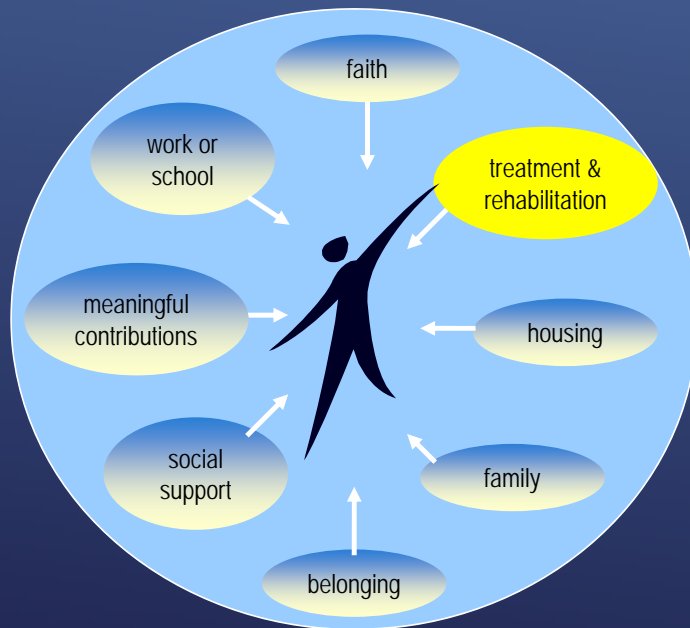


"Recovery involves a process of restoring a positive sense of identity and meaningful sense of belonging apart from one's condition while rebuilding a life despite or within the limitations imposed by that condition."

COMMISSIONER'S 2002 POLICY STATEMENT ON
TRANSFORMING TO
"A RECOVERY-ORIENTED SYSTEM OF CARE"



A recovery-oriented system of care identifies and builds upon each person's assets, strengths, and areas of health and competence to support the person's efforts in managing his or her condition while establishing or re-gaining a whole life and a meaningful sense of belonging in and to the broader community.



“You can do it.
We can help.”



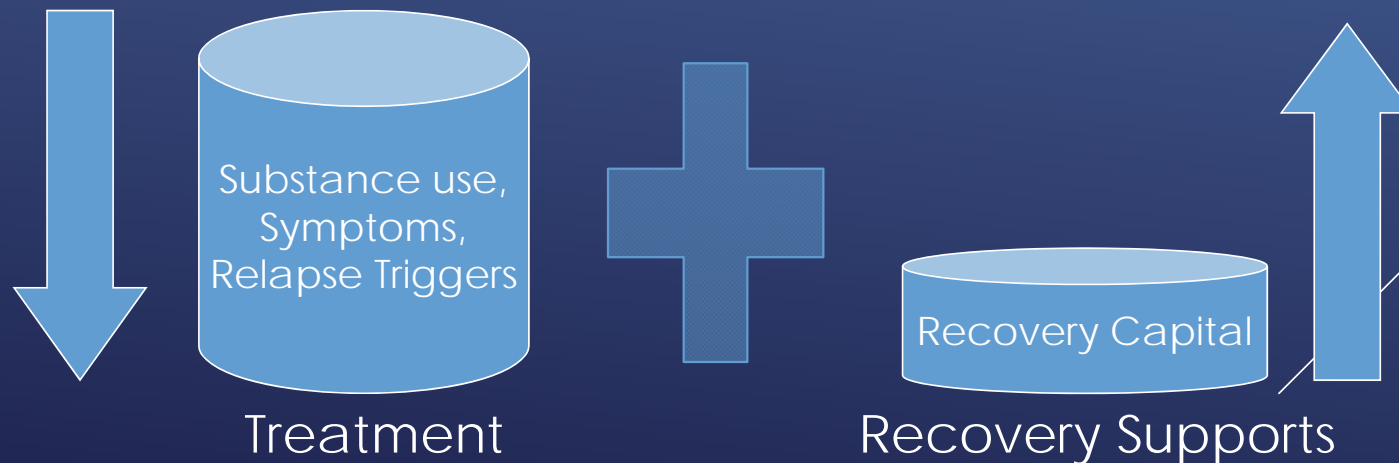
ONE JUSTIFICATION FOR 'RECOVERY SUPPORT SERVICES'

" ... at times described as people with 'refractory' addictions or as 'unresponsive' to treatment (or castigated with such stigma-laden labels as 'frequent flyers' or 'retreads'), such individuals may perhaps be better understood as being in need, not of more addiction-related losses in their lives (their capacities for such pain are often immeasurable), but of additional recovery capital. Put simply, the major obstacle to recovery may be more the absence of hope than the absence of pain" -- Bill White



WHAT ARE RECOVERY SUPPORT SERVICES?

As a complement to treatment—which aims to reduce or eliminate use, symptoms, and relapse—recovery support services aim to increase recovery capital.



WHAT RECOVERY SUPPORT SERVICES DO:

- enhance the person's "recovery capital"
- remove personal and environmental obstacles to recovery
- enhance identification of and participation in the recovery community



RECOVERY SUPPORT SERVICES INCLUDE:

- Guiding or coaching
- Transportation
- Sober housing
- Monitoring
- Social and community
- Educational and vocational
- Legal services and advocacy



BENEFITS:

- Hope
- Positive role modeling
- Education and mentoring
- Recovery/social service navigation
- Asset mapping and connecting with community resources



REMEMBRANCE QUILT

- Way for loved ones to honor those they lost to addiction
- Raise awareness around substance use disorders



CONNECTICUT RECOVERY SUPPORTS

- ▶ Families in Recovery
- ▶ Recovery Coaches in Emergency Departments
- ▶ CCAR Recovery Community Leaders
- ▶ Faith Based Initiatives





CONTACT INFORMATION

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