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Oklahoma's Plan to Reduce Prescription Drug Abuse and Prevent Overdose

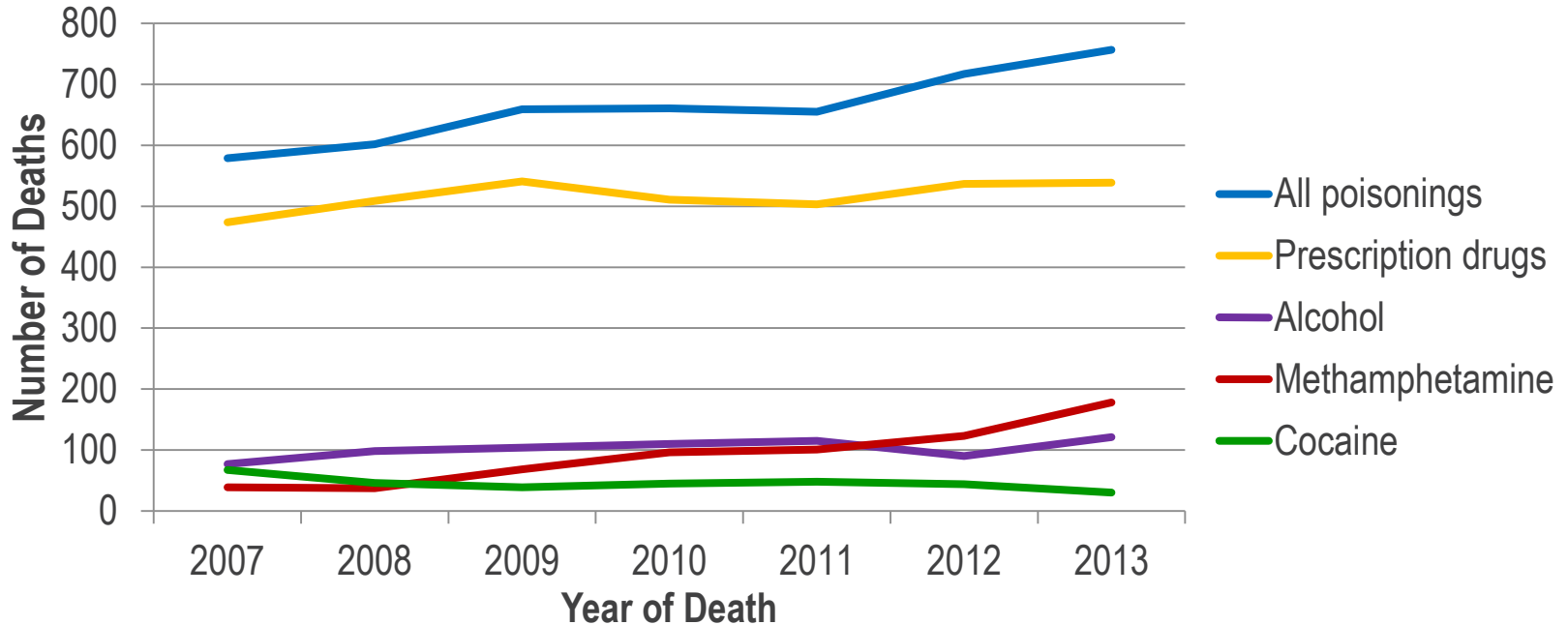
*Jessica Hawkins, Director of Prevention
Oklahoma Department of Mental Health and Substance Abuse Services*



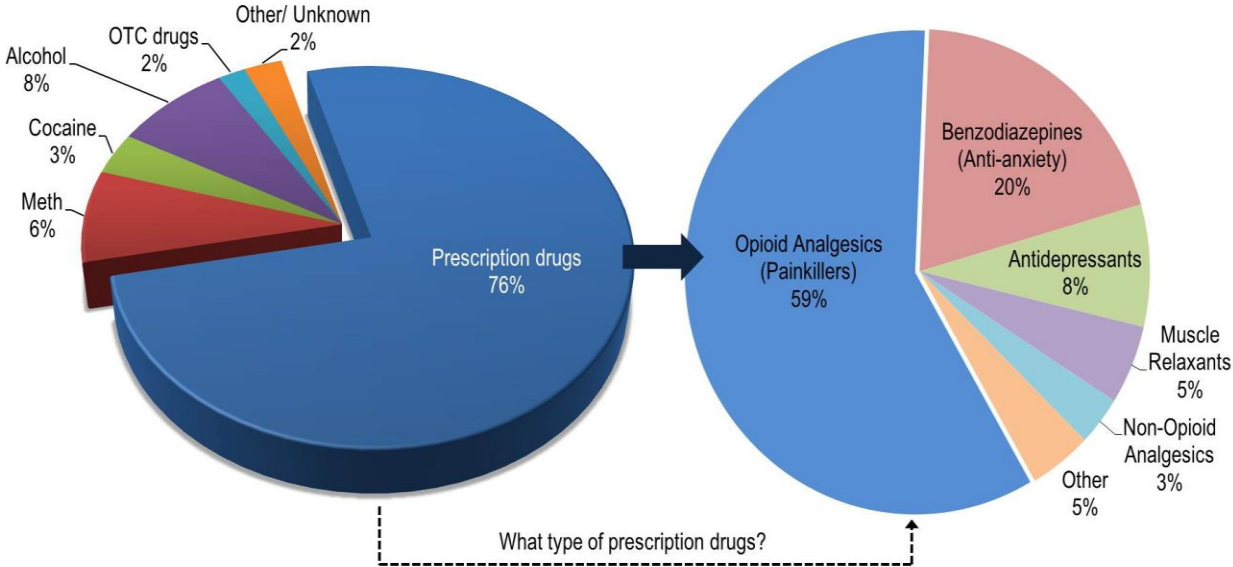
Prescription Drug Abuse in Oklahoma

- In 2013, Oklahoma had the **6th highest** unintentional poisoning death rate in the U.S.
CDC, NVSS
- **4,600 Oklahomans** died from unintentional poisonings during 2007-2014; four out of five of those deaths involved prescription drugs.
OK State Dept of Health
- Oklahoma's 2014 rate is **107% higher** than the U.S. rate of 5.9.
CDC, NVSS

Deaths Involving Prescription Drugs, Illicit Drugs, or Alcohol by Year of Death, Unintentional Poisoning, Oklahoma, 2007-2013



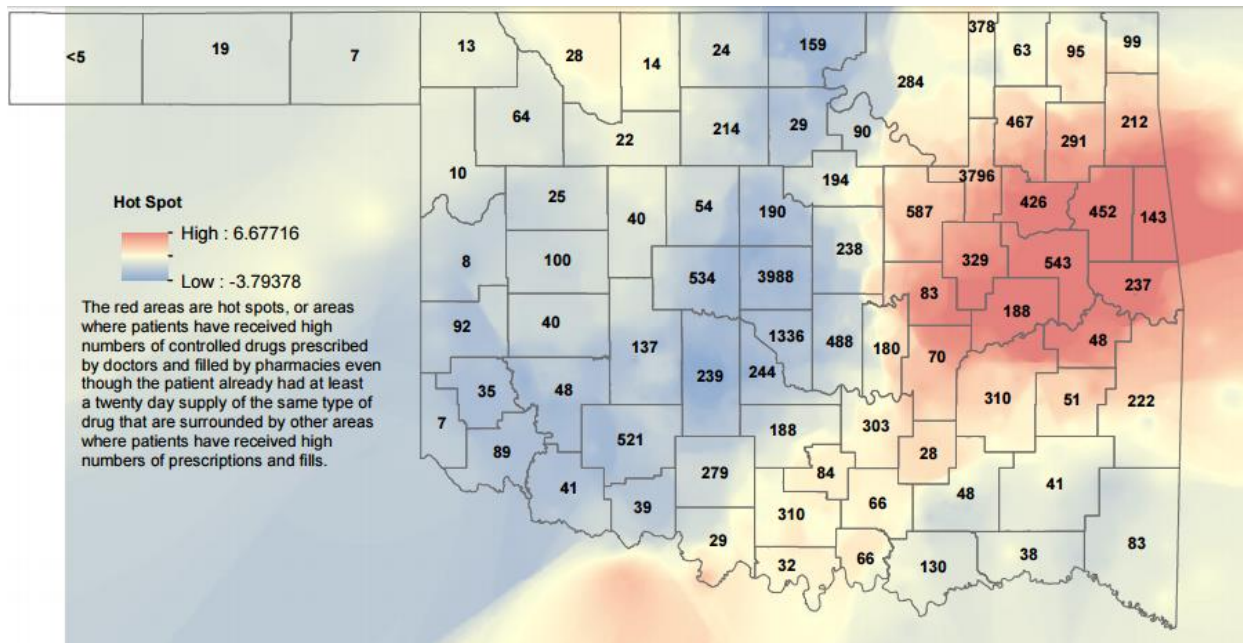
Substances Involved in Unintentional Poisoning Deaths, Oklahoma, 2007-2013



Source: OSDH, Injury Prevention Service, Unintentional Poisonings Database (Abstracted from Medical Examiner reports)



Patients Receiving Same Drug While Still Having 20+ Day Supply of Same Drug, 2013





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The Solution

- A multi-faceted approach to prevention is required.
- Gov. Mary Fallin appointed multiple stakeholders to task force; developed comprehensive state plan focusing on all levels of intervention.
- A comprehensive array of efforts are underway in Oklahoma



PREVENTION & EDUCATION



MONITORING & DIVERSION CONTROL



INTERVENTION & TREATMENT

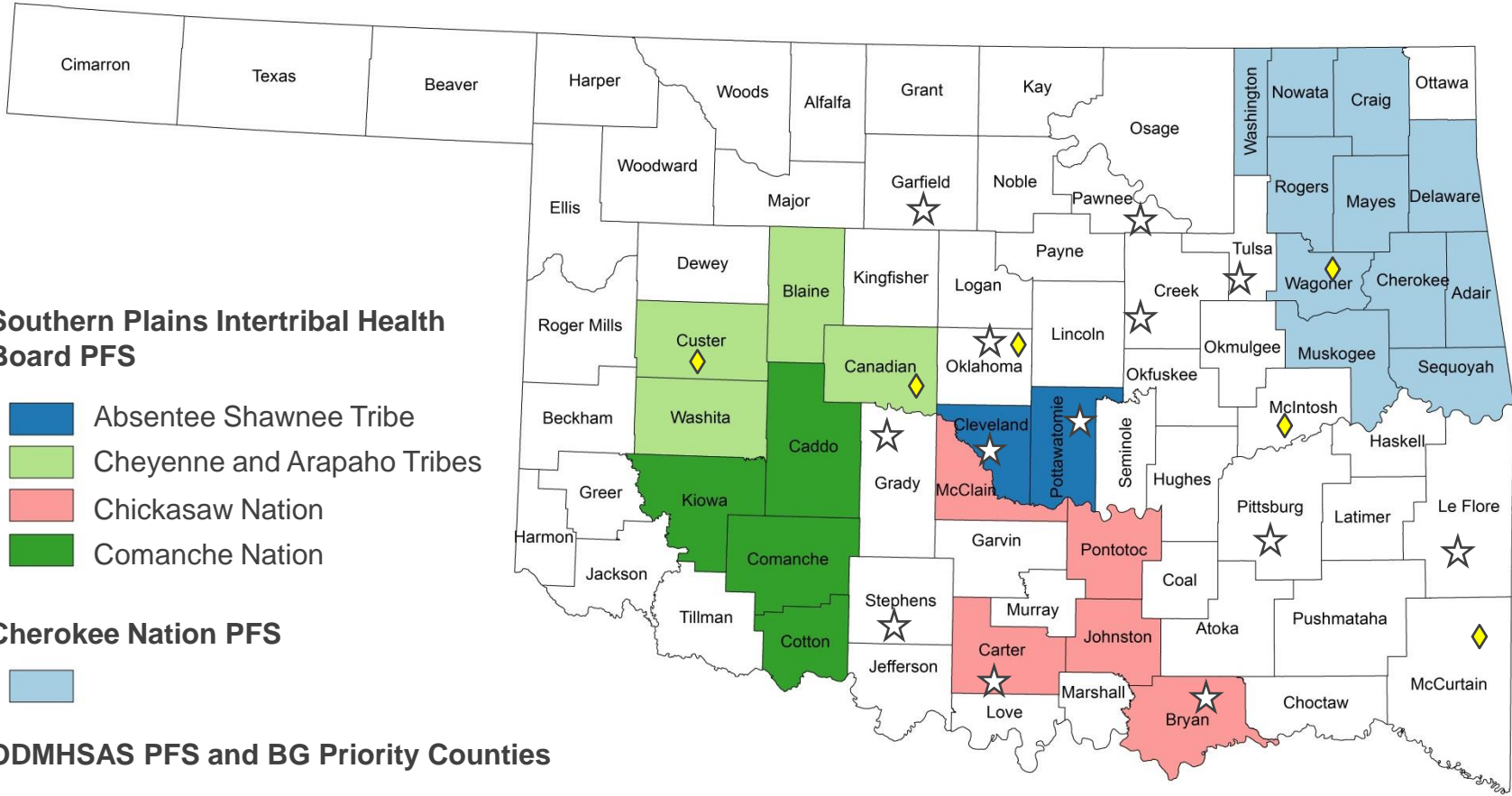
Actions Taken



- ✓ Opioid Prescribing Guidelines
- ✓ Continuing Medical Education
- ✓ Statewide Disposal Program
- ✓ Communication Campaign
- ✓ Community-Level Prevention
- ✓ Medication Assisted Treatment
- ✓ Legislative Action
 - Hydrocodone Limits
 - Overdose Education and Naloxone Distribution
 - Required Use of the PDMP

Community Level Prevention

- Oklahoma coordinates and braids SABG, State Discretionary, and Tribal Discretionary funds to scale prevention services
- Infrastructure is developed and shared between the State and tribal prevention systems
 - *Data Collection & Analysis (SEOW, TEOWs, REOWs)*
 - *Resource Allocation & Planning*
 - *Prevention Workforce Training*
 - *Evidence-Based Practices Workgroup*



Southern Plains Intertribal Health Board PFS

- Absentee Shawnee Tribe
- Cheyenne and Arapaho Tribes
- Chickasaw Nation
- Comanche Nation

Cherokee Nation PFS

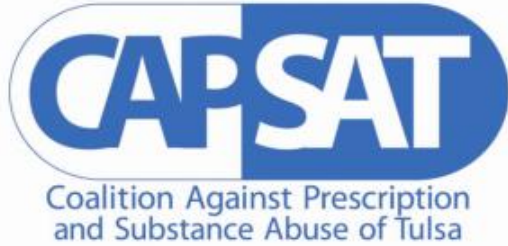


ODMHSAS PFS and BG Priority Counties

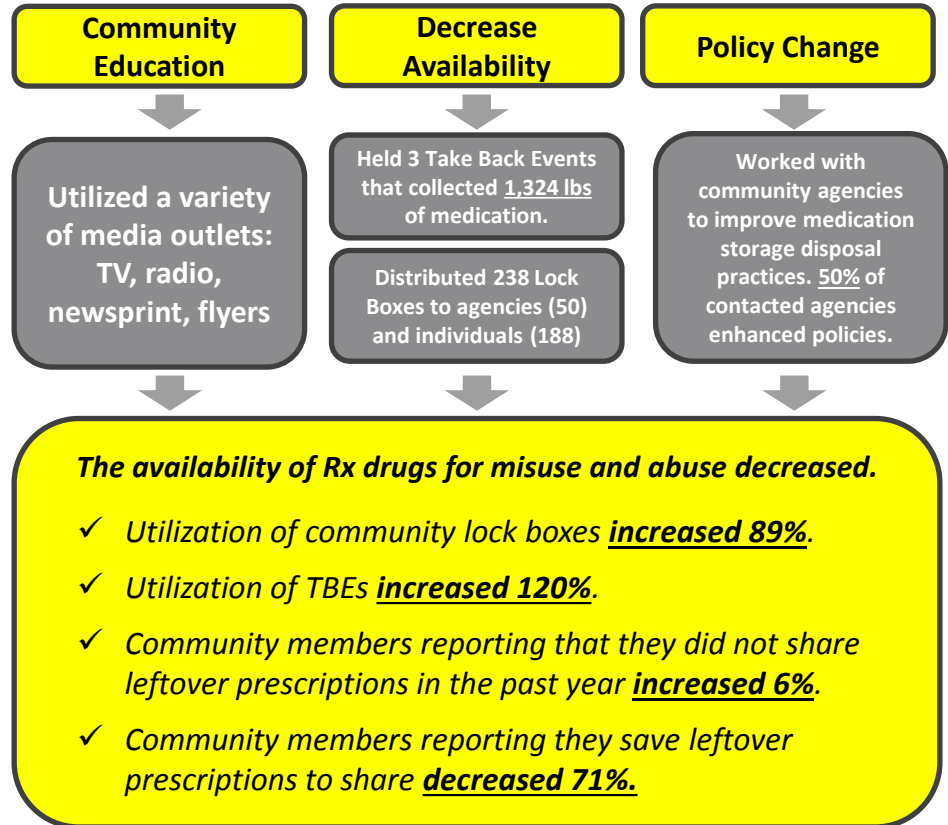
- PFS County
- Block Grant County

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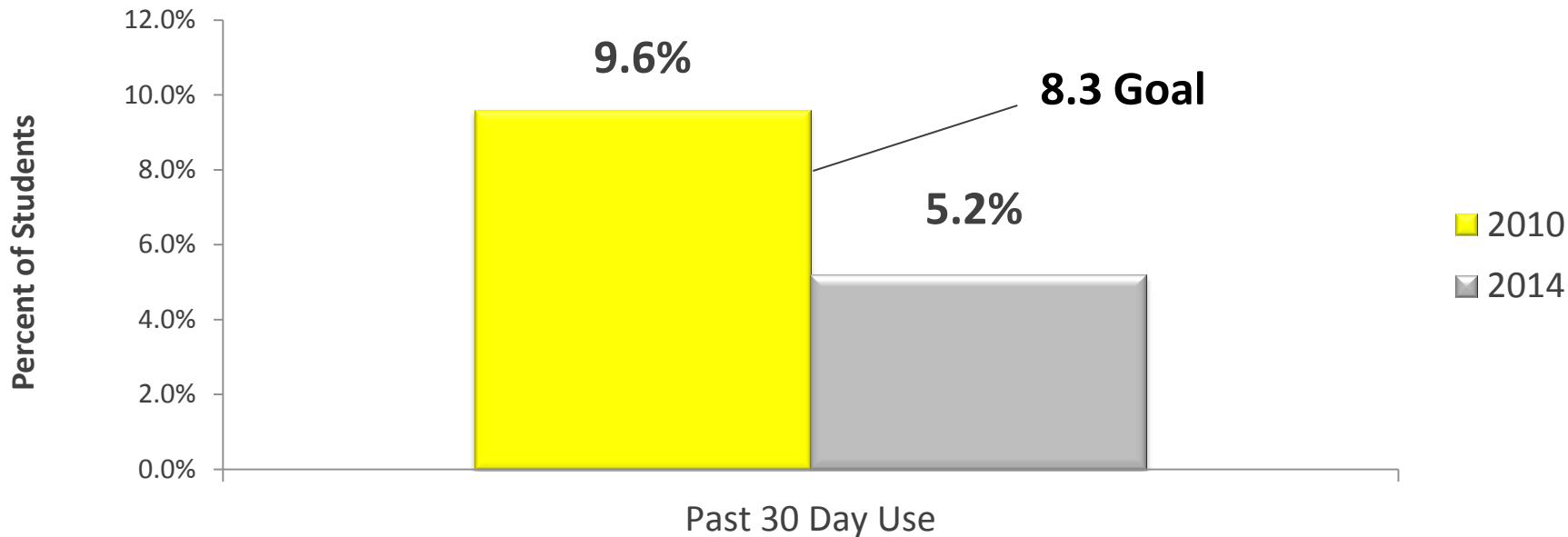


How did the community make positive change?





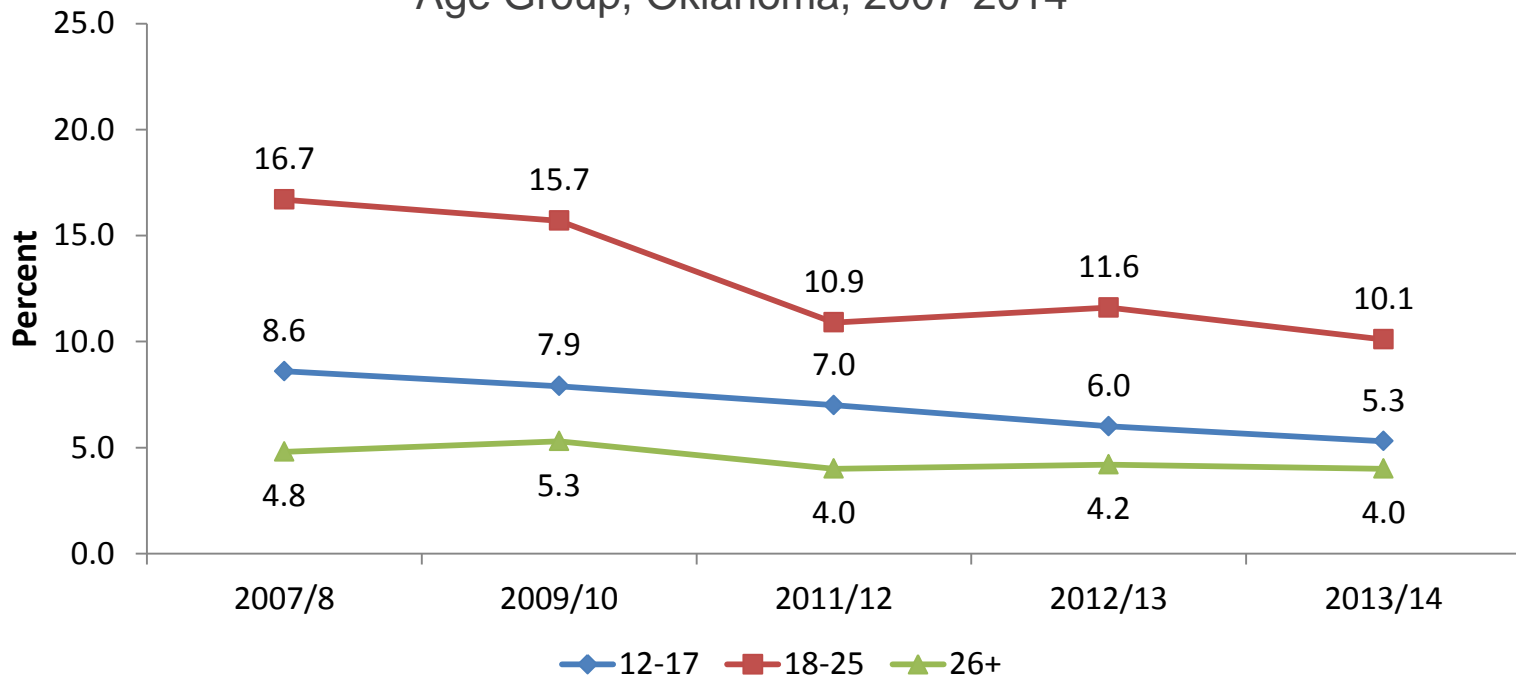
Past 30 Day Use of Prescription Drugs Among Oklahoma 12th Grade Students, 2010, 2014





Overdose Prevention

Past Year Nonmedical Use of Prescription Drugs by Age Group, Oklahoma, 2007-2014



Source: National Survey on Drug Use and Health, SAMHSA



State of Oklahoma



15.7%

past year use of prescription drugs by 18 to 25 year olds

11.6%



5.3%

past year use of prescription drugs by those 26 years or older

4.2%



13.4 per 100,000

2007-2009

opiate analgesic deaths

12.6 per 100,000



Contact



www.facebook.com/ODMHSAS



@ODMHSASINFO
@terriwhiteok



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