



*Promoting Wellness and Recovery*

John R. Kasich, *Governor*  
Tracy J. Plouck, *Director*

**National Association of State Alcohol  
and Drug Abuse Directors  
Thursday, June 9, 2016**

## **Ohio's Recovery Housing Initiative**

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# Ohio

## Strategy and Implementation of Recovery Housing



**2007:** Ohio receives the Access to Recovery, SAMHSA grant and begins funding recovery housing.



**2012:** OhioMHAS, Ohio Council, peers, ATR providers, treatment providers, housing partners, local governments met to plan for policies & resources for sustainable recovery housing.



**2013:** Ohio Department of Mental Health funded a Scan of Recovery Housing in Ohio published by the Ohio Council. OhioMHAS updated internal policies.



Ohio Recovery Housing

**2014:** Recovery housing included in Ohio law, all ADAMHS Boards required to plan for recovery housing throughout Ohio, state and local funding provided for recovery housing, and state funded support for the formation of an Ohio affiliate of the National Alliance for Recovery Residences. Ohio Recovery Housing. RH Resource meetings begin.

Individual Recovery Housing  
Properties in Ohio



**2015:** ORH inspecting recovery housing in Ohio to meet quality standards.

# Ohio's Recovery Housing Law

Recovery Housing means housing for individuals recovering from alcoholism or drug addiction that provides an alcohol and drug-free living environment, peer support, assistance with obtaining alcohol and drug addiction services, and other alcoholism and drug addiction recovery assistance.

- Currently, required element in local continuum of care
- Must be owned and operated by community addiction service providers or other non governmental organizations. Local ADAMH/ADAS boards may own with specific provisions.
- Requires protocol for administrative oversight, quality standards, policies and procedures including house rules which residents must agree to.
- A residents duration of stay may not be limited to an arbitrary or fixed amount of time.
- State must plan for a resource hub on recovery housing in Ohio
- May permit residents to receive MAT
- New funds for capital and operating

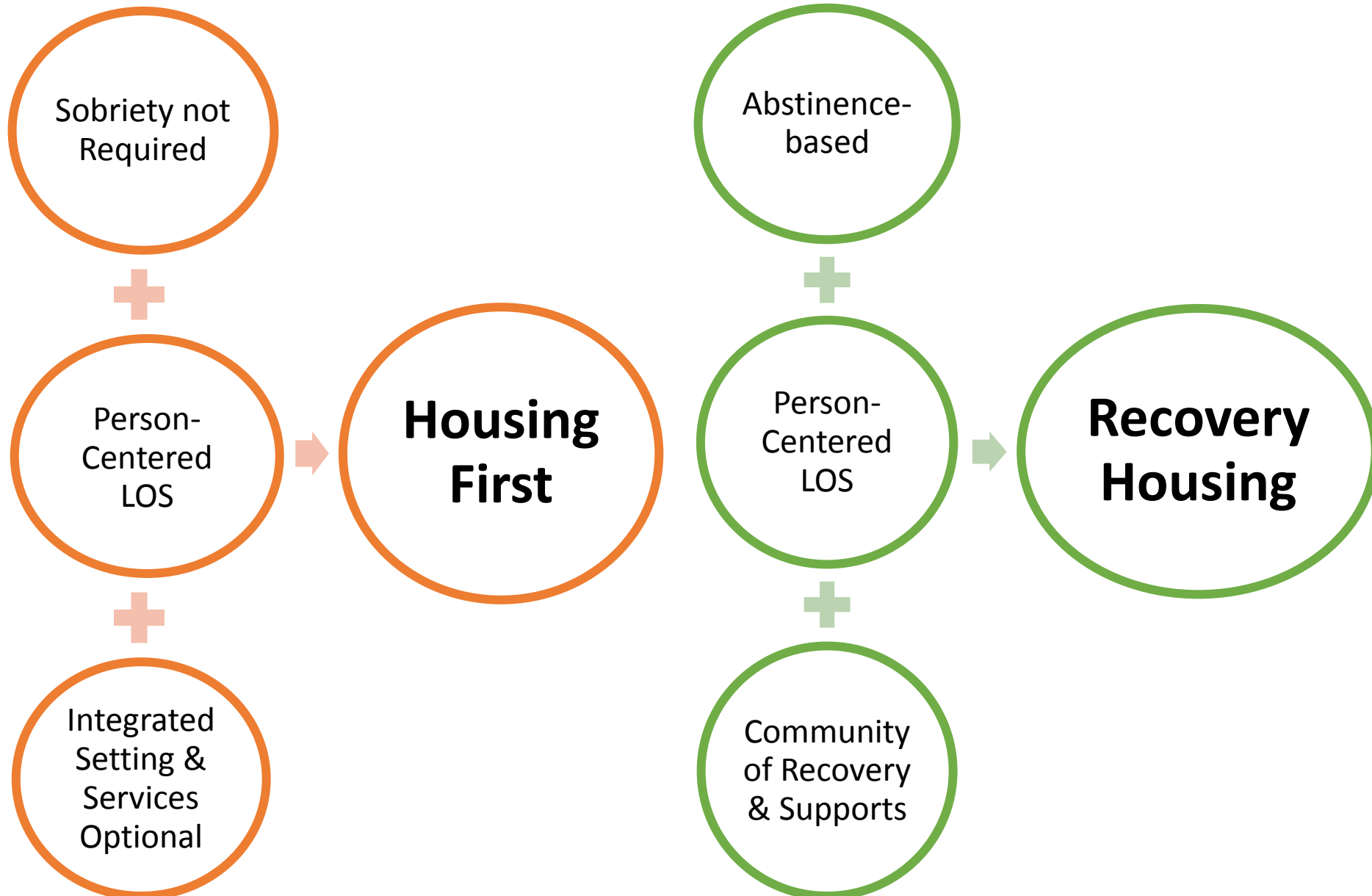
**Ohio's Goal:  
A Flexible Array of Housing Options  
for People with Substance Use Disorders:**

affordable,  
mainstream housing  
where people can be  
safely housed and  
motivated  
toward recovery at  
their own pace



recovery-focused  
housing  
where people  
who are actively  
seeking sobriety  
can find safety in an  
alcohol- and drug-  
free setting

# Recovery Housing and the Housing First Model



# Distinguishing Recovery Housing from Other Supportive Housing

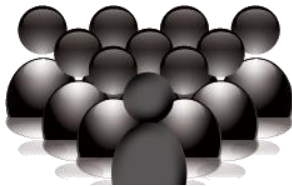


- **Safe, Alcohol- and Drug-Free Environments:** abstinence-focused living environments cushioned from a world where substance use was the central focus
- **Time:** an extended period for establishing and practicing healthy routines with a resident-driven length of stay
- **Community:** Creating a safe, stable community of peer support in which a person in early sobriety can find a foundation for lifelong recovery

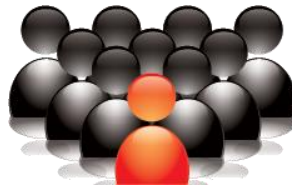
# Recovery Residences: 4 Levels of Support



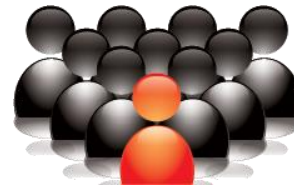
**Peer  
Elected**



**Peer  
Monitor**



**Staff  
Supervised**



**Residential  
Treatment**





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\*This presentation was developed utilizing presentations from OhioMHAS, Ohio Recovery Housing, Ohio Council of Behavioral Health and Family Services Providers, and the National Alliance of Recovery Residences.