

Recovery Services & Supportive/Recovery Housing



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**GEORGIA DEPARTMENT OF BEHAVIORAL HEALTH AND
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**NATIONAL ASSOCIATION OF STATE ALCOHOL AND DRUG
ABUSE DIRECTORS**

**ANNUAL MEETING
JUNE 2, 2015**

Supportive/Recovery Housing

- **Women's Treatment and Recovery Services (WTRS)
Transitional Housing**
- **Independent Residential Services**

Women's Treatment and Recovery Services (WTRS) Transitional Housing

- Gender-specific, can include dependent children between birth and 18 years old
- Safe, stable, drug-free housing for up to six months
- 14 transitional housing providers
- Capacity: approximately 110 women and their dependent children
- Aftercare services as needed
- Extension to services and other supports

Independent Residential Services

- Recovery housing with a supportive and structured environment for individuals with a substance use disorder
- Lower level of care designed to promote independent living in a recovery-environment for individuals who have established and maintained a level of sobriety
- Does not require 24/7 supervision
- Focus on early recovery skills that include learning about the negative effects of substance use
- Positive support and tools to prevent relapse
- Length of stay is based on an individual's progress and development

Recovery Services

- **Peer Support Services**
- **Adult Recovery Support Centers**
- **Youth Clubhouses**
- **Recovery Initiatives**

Peer Support Services

- **Contract with Georgia Council on Substance Abuse to develop curriculum, and select, train and support certified addiction recovery empowerment specialists (CARES)**
- **The council partners with the Georgia Mental Health Consumer Network, the first provider to offer Medicaid-billable peer services**
- **Modeled after mental health certified peer specialist program**
- **45-60 CARES trained each year**

Peer Support Services

CARES Values

Hope • Wellness • Diversity • Integrity • Commitment • Recovery

CARES Vision Statement

We envision a recovery-oriented system of care that supports self-directed pathways to recovery by building on the strengths and resilience of individuals, families and communities.

CARES Mission

The mission of Georgia CARES is to promote long-term recovery from substance use disorders by providing experienced peer support and advocating for self-directed care.

Peer Support Services

- **Individual recovery peer support: recovery check-ins and assertive recovery resource linkages**
- **Peer recovery support groups**
- **Advocacy: using presentations developed by Faces and Voices of Recovery and adapted for use in Georgia:**
 - **The Science of Addiction & Recovery (SOAR)**
 - **Recovery Messaging Introductions**

Peer Support Services

- **Selection Criteria established using focus groups and literature:**
 - 2 years continuous recovery ♦ written application ♦ in-person interview ♦ priority to applicants who are currently employed
- 50-60 applicants ♦ 16 selected ♦ all have completed certification ♦ 260 CARES certified
- Designing ongoing technical assistance to help program providers (employers) meet guidelines set by Medicaid
- Continuing education unites required; offered via webinars and in-person trainings

Peer Support Services

- Participants read and complete assignments prior to starting the academy, which lasts 40 hours over the course of a week
- Supervisors are invited to attend last the two days of the academy
- CARES faculty provide technical assistance on-site and by phone for CARES, supervisors and agencies
- Workforce development in Georgia: community-based, recovery-oriented system of care

Peer Support Services

- **Service definitions developed by DBHDD in partnership with the Georgia Council on Substance Abuse, providers and peers**
- **Services became Medicaid-billable on March 1, 2013**
- **Provided implementation technical assistance**

Youth Clubhouses

- Unique and comprehensive substance abuse recovery support model designed to assist adolescents and their families during the recovery process
- Recovery support services that include:
 - Peer Support
 - Aftercare
 - Educational Assistance
 - Employment Assistance
 - Social Support/Club Activities
 - Transportation

Recovery Initiatives

- Georgia Recovery Initiative
- Provider recovery self-assessments
 - Recovery Oriented Systems Indicator
- Recovery Foundations Training
- Rewrite of criminal background check policy for contracted providers