Behavioral Health Services in Arizona

Laura K. Nelson, M.D.
Deputy Director
Arizona Department of Health Services
Division of Behavioral Health Services

June 7, 2011
Arizona’s Organizational Structure

- **Carve-out (both MH and SA)**
  - Arizona Department of Health Services
    - Division of Behavioral Health Services
      - Single State Agency for Substance Abuse Services
      - State Mental Health Authority
      - Administers community-based system + one State Hospital

- **Contractual relationship with state Medicaid agency**
  - Arizona Health Care Cost Containment System (AHCCCS)

- **Medicaid managed care**
  - Capitated system (GMH/SA; SMI; Child; Child/foster care)
  - Expansion state (up to 100% FPL; includes childless adults)
Arizona’s Behavioral Health Services Funding Stream

Federal Government
(Health and Human Services; HHS)

Arizona State Government

Center for Medicaid and Medicare Services
(CMS)

Substance Abuse and Mental Health Services Administration (SAMHSA)

Arizona Health Care Cost Containment System (AHCCCS)

Miscellaneous Other Funding Sources
(County, City, other State Agency funding)

Arizona Department of Health Services/Division of Behavioral Health Services (ADHS/DBHS)

Tribal and Regional Behavioral Health Authorities (T/RBHAs)

Provider Networks or Direct Service Providers
Who we serve...

- TXIX/XXI-eligible individuals, including:
  - Children/adults with substance use disorders
  - Children with serious emotional disturbance (including co-occurring)
  - Adults with serious mental illness (including co-occurring)
  - Children/adults with general mental health disorders (including co-occurring)

- Non-TXIX/XXI adults with SMI

- Non-TXIX/XXI individuals with SAPT funds

- Non-TXIX/XXI children/adolescents with CMHS funds
Services we provide...

• Enrolled members
  – Inpatient
  – Residential
  – Outpatient medication management and counseling
  – Medications
  – Case management
  – Peer and family support
  – Supported employment
  – Living skills training, personal care services
  – Health promotion
  – Supported housing (non-Medicaid reimbursable)
  – Telemedicine use…

• Everyone…
  – Statewide crisis system (crisis phones, warm lines, mobile teams, inpatient psychiatric and detoxification facilities)
  – Prevention programs for children and adults
Use of SAPT Funds

- SAPT funding used for non-Medicaid reimbursable services for the following priority populations:
  - Pregnant women/teenagers who use drugs by injection;
  - Pregnant women/teenagers who use substances;
  - Other persons who use drugs by injection;
  - Substance using women and teenagers with dependent children and their families, including females who are attempting to regain custody of their children; and
  - All other clients with a substance abuse disorder, regardless of gender or route of use, (as funding is available).
Monitoring SAPT Utilization

• Quarterly review of non-Medicaid expenditures for individuals with a substance use disorder
  • expenditures are stratified by priority population to determine spending ratios across the groups.

• Annual Block Grant Audit
  • to ensure contractor internal policies correlate with federal regulations and that providers are being monitored for compliance

• Financial Reporting
  • Contractors must report how SAPT funds are appropriated to their service providers, including how the monies will be used to prioritize treatment to priority populations

• Annual Independent Peer Review
  • used to ensure SAPT-funded providers are offering services aligned with recognized best practices

Leadership for a Healthy Arizona

Division of Behavioral Health Services
Collaboration with Medicaid

• Contractual relationship
  • AHCCCS is the customer
  • AHCCCS is the regulator
  • Meet regularly; collaborate often
    – But…also a sister state agency
    – But…we also have other customers
    – But…members fall “on/off” of Medicaid

• Coordination with primary care
  – Challenges with screening/brief intervention/referral

• AHCCCS has extensive data warehouse
  – But…we do not currently have access to the physical health data
  – But…it naturally does not include non-TXIX members