October 31, 2024



DC Update: SAMHSA Report: National Substance Use and Mental Health Services Survey, HRSA Funding Opportunity: Behavioral Health Workforce Education and Training Program, New SAMHSA Webinars, and More.

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Meet the Member

Dr. Thomas Janousek, Single State Agency (SSA) Director for Nebraska

Dr. Thomas Janousek was appointed as the Director of the Division of Behavioral Health within the Nebraska Department of Health and Human Services (HHS) on October 15, 2024. He is a native Nebraskan born and raised in Lincoln, Nebraska.

Dr. Janousek is a licensed psychologist who specialized in the psychological assessment and treatment of individuals in rural and urban community mental health settings, as well as forensic evaluation for the Missouri Department of Family Services and several medical boards across the United States and Canada. He also



served as a Neuropsychologist for Madonna Rehabilitation Hospitals, specializing in assessment and treatment of individuals with dementia, stroke, traumatic brain injury, and

spinal cord injury. In his administrative capacity, he worked as Vice President of Quality and Compliance for Burrell Behavioral Health and served as Deputy Director of Clinical Excellence for the Nebraska Department of Health and Human Services Division of Behavioral Health.

Dr. Janousek's vision for mental health and substance use disorder (SUD) care is to create a system where access is expanded without losing quality of care. He strives to work with providers to address barriers that make it difficult to engage with the publicly-funded system, enhance the State's existing service array, and expand crisis and community-based service options across the State.

Dr. Janousek received his Bachelor's Degree from Nebraska Wesleyan University, and his Masters of Arts in Marriage and Family Therapy and his Doctorate of Clinical Psychology from the Forest Institute in Springfield, Missouri.

Around the Agencies

SAMHSA Report: National Substance Use and Mental Health Services Survey (N-SUMHSS) 2023: Data on Substance Use and Mental Health Treatment Facilities

The Substance Abuse and Mental Health Services Administration (SAMHSA) recently released a report on National Substance Use and Mental Health Services Survey (N-SUMHSS) 2023: Data on Substance Use and Mental Health Treatment Facilities. The report summarizes the findings from the 2023 N-SUMHSS, an annual survey of all active substance use and mental health facilities in the U.S., on key operational characteristics of substance use and mental health treatment facilities, the use of pharmacotherapies, and suicide prevention services. The



report includes detailed tables, FAQs, as well as State-specific profiles on 2023 N-SUMHSS results.

The report can be downloaded here.

SAMHSA Releases New Guidance on Advancing Recovery

The Substance Abuse and Mental Health Services Administration (SAMHSA) released a series of resources dedicated to advancing recovery across the nation. These resources address each of the four dimensions of recovery: health, home, purpose, and community. Specifically, the guidance explores opportunities to fund recovery support services through the Substance Use Prevention, Treatment, and Recovery Services (SUPTRS) Block Grant; diversity, equity, inclusion, and accessibility considerations for recovery services; and the value in expanding peer support specialists. These resources include:

- Funding Recovery Support Services Through the SUPTRS Block Grant
- A Guide for Single State Agencies: Supporting Recovery with SUPTRS Block Grant Funding
- Important Considerations in Recovery
- Advancing Diversity, Equity, Inclusion, and Access (DEIA) Principles in Recovery
- Peer Support Specialist: A Growing Mental Health and Addictions Workforce
- The Intersection of Physical Activity, Wellness, and Recovery

COSSUP Now Accepting Applications for Reaching Rural Initiative: Advancing Collaborative Solutions



The Bureau of Justice Assistance (BJA)-funded Comprehensive Opioid, Stimulant, and Substance Use Program (COSSUP), in partnership with the Centers for Disease Control and Prevention (CDC) and the State Justice Institute (SJI), announced it is accepting applications for the *Reaching Rural Initiative: Advancing Collaborative Solutions*. The Reaching Rural Initiative is a one-year planning initiative for rural practitioners of diverse professional backgrounds to address substance use and misuse in rural communities, with an emphasis on justice-involved populations. Fellows will participate through one of two tracks: as part of a cross-sector team from their community, or as individuals. Throughout the program, fellows learn directly from rural practitioners and participate in skill-building workshops and peer-to-peer learning on addressing substance use in rural areas.

The initial planning initiative is not a grant opportunity. Applications are due December 16, 2024. At the conclusion of the 12-month planning period, Reaching Rural fellows will have the opportunity to apply for an implementation grant of up to \$100,000.

Additional details, including on eligibility and how to apply, can be found on the program's solicitation, here.

HRSA Funding Opportunity: Behavioral Health Workforce Education and Training Program for Professionals

The Health Resources and Services Administration (HRSA) recently announced a new funding opportunity for the <u>Behavioral Health Workforce Education and Training (BHWET) Program for Professionals</u>. The program aims to address the mental health and substance use disorder (SUD) needs of children, adolescents, and young adults through increasing the supply and distribution of mental health and SUD professionals in high need and high-demand areas. The program provides trainings emphasizing interprofessional team-based models of care, integrating mental health and SUD care into primary care, and recruiting a diverse workforce, including training clinical supervisors.

HRSA will provide up to 101 total awards of up to \$600,000 per award for a total program funding of up to \$59,600,000. Applications are due January 21, 2025.

Additional details, including on eligibility and how to apply, can be found on the program's Notice of Funding Opportunity (NOFO), <u>here</u>.

HRSA is also hosting a <u>technical assistance webinar</u> to learn more about the funding opportunity, including application requirements, on November 6, at 1:00 p.m. ET.

Webinars to Watch

Office on Women's Health Webinar: Addressing the Intersection of Intimate Partner Violence and Substance Use in Maternal Health Care

The Office of the Assistant Secretary for Health's (OASH) Office on Women's Health is hosting a webinar as part of its Women's Health Leadership series on <u>Addressing the Intersection of Intimate Partner Violence and Substance Use in Maternal Health Care</u>. This no-cost webinar is on November 7, at 2:00 pm ET. The webinar will feature HRSA's Maternal and Child Health Bureau and the Office on Women's Health who will provide an overview of the <u>National Strategy to Improve Maternal Mental Health</u> Care as well as discuss initiatives at OASH to integrate



prevention and care for intimate partner violence (IPV) into substance use maternal health care.

Registration is required.

SAMHSA Webinar: Identifying and Addressing Behavioral Health Needs in Encampments

The Substance Abuse and Mental Health Services Administration's (SAMHSA) <u>Homeless and Housing Resource Center (HHRC)</u> is hosting a webinar on <u>Identifying and Addressing Behavioral Health Needs in Encampments</u>. This no-cost webinar is on November 13, at 2:00 pm ET. The webinar will highlight the core principles and engagement techniques for providers to connect people experiencing homelessness with mental health and substance use disorder (SUD) to care. The presentation will feature community health workers who will share real-life experiences with connecting encampment residents to mental health and SUD services.

Registration is required.

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