

September 28, 2023



**D.C. Update: NASADAD Releases Recovery Month Resolution, Government Shutdown Agency Contingency Plans, October is Prevention Month, and More.**

[Visit our Website](#)



---

## Meet the Member

### Sarah Pine, Women's Services Coordinator for Washington State

Sarah Pine is a Behavioral Health Program Manager for Pregnant and Parenting Women's (PPW) services and special projects with the Division of Behavioral Health and Recovery under Washington State's Health Care Authority (HCA). In her work, Sarah supports programs and services that assist Washington State families to receive thoughtful and family-centered care, in aim of recovery. More notably, Sarah has achieved a number of capacity expansions for PPW services, including that of the Parent-Child Assistance Program (PCAP), an intensive 3-year case management service offered to pregnant and parenting women who experienced substance use while pregnant. Sarah has also worked with PPW residential treatment programs to support their work and advocate for growth in capacity and treatment services.



For over the past 8 years, she has represented Washington State as the Women's Services Coordinator (WSC) and served two terms as the Region 10 representative for the Women's Services Network (WSN). In the year ahead as a WSC, Sarah hopes to collaborate with the WSN to accomplish clarity and mission-oriented projects around PPW services that will be meaningful for all national partners.

---

## NASADAD News

### NASADAD Releases Recovery Month Resolution

In celebration of National Recovery Month, NASADAD's

Board of Directors considered and approved a resolution in recognition of the value and importance of recovery support services for individuals with a substance use disorder (SUD). The resolution highlights the Association's work around elevating recovery as a key component of the continuum and provides recent data on the prevalence of SUD and the impact of recovery, the role that NASADAD members play in supporting recovery in the publicly funded SUD system, and a commitment to recognizing September 2023 as National Recovery Month. The resolution can be found on NASADAD's website, [here](#).

September 22, 2023

**NASADAD** National Association of State Alcohol and Drug Abuse Directors  
**RESOLUTION**

**WHEREAS**, substance use disorders affect over 46 million people in the United States every year, with 29.1 million people diagnosed with an alcohol use disorder, 20 million with drug use disorders, and 7.7 million with both alcohol use and drug use disorders (Centers for Disease Control and Prevention, 2022);

**WHEREAS**, effective prevention, treatment, harm reduction, and recovery services help reduce the prevalence and impact of substance use disorders;

**WHEREAS**, peer recovery support services help people begin and sustain their recovery from substance use disorders. Peer, family, and community support, help reduce the risk of relapse, improve mental health, and support recovery, and a sense of community;

**WHEREAS**, recovery support services help individuals regain control over their lives, connect to services and resources, and improve their health, social activities, and support systems that support their recovery goals;

**WHEREAS**, Recovery Community Organizations (RCOs) serve as critical entities that provide peer-based recovery support services, offer recovery-focused community education and outreach programs, and offer other vital functions;

**WHEREAS**, recovery housing is associated with a number of positive outcomes for residents, including decreased substance use, reduced likelihood of arrest, increased rates of employment, higher academic achievement, and improved family relationships (SAMHSA, 2022);

**WHEREAS**, the message of hope and healing associated with recovery is enhanced by the healing that those who have substance use disorders and 18 or older in recovery. Some recovery use disorders (National Center for Drug Use Statistics, 2022); Recovery is a continuum;

**WHEREAS**, members of the National Association of State Alcohol and Drug Abuse Directors (NASADAD) manage the public-funded substance use disorder system across the country. These agencies, also known as SAs, operate in partnership with peers, RCOs, recovery housing, health, and other recovery services to provide recovery support services and programming. SAs also operate and partner with RCOs to provide recovery support services (National Center for Drug Use Statistics, 2022);

**WHEREAS**, the Recovery Month Planning Partners have been instrumental in promoting National Recovery Month, including support of the annual National Recovery Month event for Outstanding Leadership to recognize a State Alcohol and Drug Agency Director who has demonstrated strong support for recovery and National Recovery Month events;

**NOW THEREFORE**, be it resolved that, on this day, September 22, 2023, on behalf of State Alcohol and Drug Agency Directors, the NASADAD Board of Directors hereby declares September as National Recovery Month and encourages the membership to support programs and activities that promote recovery from substance use disorders not only in September but throughout the year.

<i>Steve Lindberg</i> Steve Lindberg, NJ President	<i>Christopher Piro</i> Christopher Piro, VA Interim Vice President	<i>Michelle Givens</i> Michelle Givens, NY Vice President
<i>Cheryl S. Miller</i> Cheryl S. Miller, NY Vice President for Treatment	<i>Pat Larnett</i> Pat Larnett, NY Vice President for Treatment	<i>Lee Ann Hill</i> Lee Ann Hill, VA Vice President for Mental Affairs
<i>Debra L. Brown</i> Debra L. Brown, VA Secretary, Regional Director VII	<i>Michael Palmer</i> Michael Palmer, VA Secretary, Regional Director X	<i>Debra L. Brown</i> Debra L. Brown, VA Regional Director I
<i>Cheryl S. Miller</i> Cheryl S. Miller, NY Regional Director II	<i>Robert H. Berkman</i> Robert H. Berkman, NY Regional Director III	<i>Laura Carson</i> Laura Carson, IL Regional Director V
<i>Chris Adams</i> Chris Adams, VA Regional Director VI	<i>Pat Larnett</i> Pat Larnett, NY Regional Director VIII	

## NASADAD/National Council for Mental Wellbeing Release Brief on Integrating Peer Support Services Into Substance Use-Related Crisis Care

Through the Substance Abuse and Mental Health Services Administration's (SAMHSA) Center of Excellence for Integrated Health Solutions (CoE), NASADAD, in collaboration with the National Council for Mental Wellbeing, developed an issue brief on Integrating Peer Support Services Into Substance Use-Related Crisis Care. A substance use disorder peer recovery specialist is a trained professional who has knowledge and experience in the recovery process and helps others in similar situations. Peers are a critical component of the crisis continuum, providing empathy and connection during a crisis event, offering support and services during crisis care and referring to treatment and recovery support service after crisis care.



This brief highlights three state initiatives that have integrated peer recovery support services (PRSS) as part of their crisis response to help individuals experiencing substance use-related crises or overdoses. These examples illustrate how PRSS can be effectively integrated using a team-based approach to care and demonstrate how the personal experience and training of peers have shown positive results in referring and connecting individuals in crisis to needed care, preventing further crises and aiding individuals on their path to wellness. The brief can be found on NASADAD's website, [here](#).



### International Recovery Day 2023: September 30th!

This Saturday, September 30th, is [International Recovery Day](#)! International Recovery Day is a day dedicated to the celebration of those in recovery from a substance use disorder (SUD) and those providing recovery support services across the world. As part of this celebration, [Mobilize Recovery](#) is leading the first-ever Day of Service, in collaboration with the Substance Abuse and Mental Health Services Administration (SAMHSA), to give back to and strengthen recovery communities. SAMHSA's Assistant Secretary for Mental Health and Substance Use, Dr. Miriam Delphin-Rittmon, will serve as an honorary co-chair, alongside other influential voices like artist Macklemore and actor Danny Trejo. Service events do not have to be specific to recovery but should focus on giving back to the community.

## Around the Agencies

### Government Shutdown Agency Contingency Plans

Funding for Fiscal Year (FY) 2023 expires on September 30th, and if Congress fails to pass a temporary funding bill, known as a continuing resolution (CR), the government will shutdown. Federal agencies recently released their updated [Contingency Plans](#) on operations of each agency in the event of a government shutdown.

Department of Health and Human Services (HHS): [FY 2024 HHS Contingency Staffing Plan for Operations in the Absence of Enacted Annual Appropriations](#)

- [Substance Abuse and Mental Health Services Administration \(SAMHSA\) plan](#)
- [National Institutes of Health \(NIH\) plan](#)
- [Health Resources and Services Administration \(HRSA\) plan](#)
- [Centers for Disease Control and Prevention \(CDC\) plan](#)

### October is Prevention Month!

October is Youth Substance Use Prevention Month and Substance Misuse Prevention Month. Prevention Month is dedicated to recognizing the



role of prevention in the continuum, the value of prevention services, and the dangers associated with substance use and misuse. This year, the Substance Abuse and Mental Health Services Administration (SAMHSA) is celebrating the 10th year anniversary of [“Talk. They Hear You.®”](#) in observance of Prevention Month, as well as preparing for [SAMHSA’s 20th Prevention Day](#) and [National Prevention Week](#). SAMHSA created a [webpage](#) designated to Prevention Month featuring an updated Prevention Month Toolkit with social media shareables, virtual meeting backgrounds, and an email signature. Also featured on this site are opportunities to get involved in Prevention Month activities, prevention planning resources, and technical assistance related to prevention.

### Biden-Harris Administration Awards \$131.7 Million to Support Youth and Families At-Risk for Mental Health and SUD

The Department of Health and Human Services (HHS), through the Substance Abuse and Mental Health Services Administration (SAMHSA), [announced](#) \$131.7 million in grants designed to help connect youth and families to mental health and substance use disorder (SUD) services. These awards aim to address the full continuum to enhance the health and wellness of children, youth, and families as a top priority of the President’s Unity Agenda. Among the grants awarded, key SUD programs receiving funding include:

- [“\\$41.2 million for Grants to Expand Substance Abuse Treatment Capacity in Adult and Family Treatment Drug Courts:](#) This program expands substance use disorder (SUD) treatment and recovery support services in existing drug courts.
- [\\$48.3 million for Grants for Expansion and Sustainability of the Comprehensive Community Mental Health Services for Children with Serious Emotional Disturbances \(System of Care SOC Expansion and Sustainability\):](#) This program provides resources to improve the mental health outcomes for children and youth, birth through age 21, at risk for or with SEDs, and their families.
- [\\$1.8 million for Preventing Youth Overdose: Treatment, Recovery, Education, Awareness and Training:](#) This program improves local awareness among youth of risks associated with fentanyl, increases access to medications for opioid use disorder (MOUD) for adolescents and young adults screened for and diagnosed with opioid use disorder (OUD) and trains health care providers, families and school personnel on best practices for supporting children, adolescents and young adults with OUD and those taking MOUD.

- [\\$8.7 million for Behavioral Health Partnership for Early Diversion of Adults and Youth](#): This program establishes or expands programs that divert adults and youth with a mental illness or a co-occurring disorder from the criminal or juvenile justice system to community-based mental health and SUD and other supports prior to arrest and booking.”

SAMHSA’s press release announcing the awards and the rest of the programs funded can be found [here](#).

## DAWN Drug-Related ED Visits Involving Suicide Attempts Short Report Released

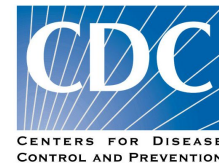


The Substance Abuse and Mental Health Services Administration (SAMHSA) recently released the [Drug Abuse Warning Network \(DAWN\) Drug-Related Emergency Department \(ED\) Visits Involving Suicide Attempts Short Report](#). The report examines national estimates of drug-related ED visits involving suicide attempts and the characteristics of those involved, as well as the top substance involved in suicide attempts. The Short Report’s findings include:

- 51 drug-related ED visits involving suicide attempts per 100,000 population
- Higher rates of suicide attempts among adolescent (age 12 to 17) and young adult (age 18 to 25) females compared to adolescent (231 per 100,000 vs 66 per 100,000) and young adult males (145 per 100,000 vs 73 per 100,000)
- Top five substances mentioned in drug-related ED visits involving suicide attempts: alcohol (24%), antidepressant (20%), acetaminophen (16%), benzodiazepine (12%), and ibuprofen (10%)

The Short Report can be read in full [here](#).

## CDC Office on Smoking and Health Releases Resource on What Parents and Educators Can Do to Protect Youth From the Harms of Vaping



The [Centers for Disease Control and Prevention’s \(CDC\) Office on Smoking and Health \(OSH\)](#) released a resource on [What Parents and Educators Can Do to Protect Youth From the Harms of Vaping](#). This resource provides parents and educators with tips and resources to help educate and protect their youth from the harms of vaping. Specifically, the resource “...highlights e-cigarette use among youth, the health risks of vaping for youth, how nicotine can be a source of stress, and resources to help youth quit vaping.” The resource is part of OSH’s new Empower Vape-Free Youth Movement, which can be viewed [here](#).

---

## Research Round-Up

### CRS Report: Naloxone for Opioid Overdose: Considerations for Congress

The Congressional Research Services (CRS) recently released a report on [Naloxone for Opioid Overdose: Considerations for Congress](#). This new report covers the opioid overdose crisis and need for over-the-counter (OTC) naloxone, the history of opioid overdose reversal medications, and the federal regulation of OTC naloxone. The report also discusses various considerations for Congress regarding naloxone regulation and the regulation of other opioid overdose reversal medications in the future, including the distribution, cost, federal funding, education/training and accessibility, and legal and liability protections. More information on naloxone can be found on the Substance Abuse and Mental Health Services Administration’s (SAMHSA) website, [here](#).

---

## Webinars to Watch

### ATTC Webinar Series: Contingency Management





The [Great Lakes Addiction Technology Transfer Center \(ATTC\)](#) is hosting a four-part webinar series on [Contingency Management](#). This no-cost webinar series is designed to “...assist participants in understanding the fundamentals of contingency management (CM) and developing a plan for CM implementation in their organization or clinical setting.” Special attention will be given to the use of CM as primary treatment for stimulant use disorders. The first session will be held on October 2, at 2:00 pm ET. Registration is required. Additional dates and times for the series include:

- Monday, October 9, 2023 2 pm ET
- Monday, October 16, 2023 2 pm ET
- Monday, October 23, 2023 2 pm ET

## Fletcher Group Webinar: Value-Based Care in the World of Recovery

The [Fletcher Group](#) is hosting a webinar on [Value-Based Care \(VBC\) in the World of Recovery](#). This no-cost webinar will be held on October 5, at 2:00 pm (ET). The webinar will feature Dave Johnson, Fletcher Group CEO, and Milena Stott, Outreach and Engagement Specialist, and will examine alternative payment methods/value-based payments incorporating Recovery Housing Programs. The session is designed to “...help state administrators, insurers, mental health providers, and Medicaid administrators understand how the Value-Based Care approach is helping the recovery industry deliver the best possible patient outcomes while optimizing financial resources.” Registration is required.

---

## We're Hiring!

### NASADAD Hiring for Alcohol and Other Drug Research Analyst

The National Association of State Alcohol and Drug Abuse Directors (NASADAD) is hiring for an Alcohol and Other Drug (AOD) Research Analyst II- Women’s and Youth Services. See the job listing and link to apply below:

**Alcohol and Other Drug (AOD) Research Analyst II- Women’s and Youth Services**  
NASADAD seeks an experienced, team-oriented person with a demonstrated understanding of substance use issues related to women and youth, excellent writing and research abilities, data analysis experience, and strong communication skills.

More information on the position, including qualifications, benefits, and how to apply can be found [here](#).

If you have any questions, please contact Tracy Flinn, Ed.D., Associate Director of Planning and Program Management, at: [tflinn@nasadad.org](mailto:tflinn@nasadad.org).

---

NASADAD | 1919 Pennsylvania Avenue NW, Suite M 250, Washington, DC 20006

[Unsubscribe](#) [ladams@nasadad.org](mailto:ladams@nasadad.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by [ladams@nasadad.org](mailto:ladams@nasadad.org) powered by



Try email marketing for free today!