

### **Expanding Access to Treatment**

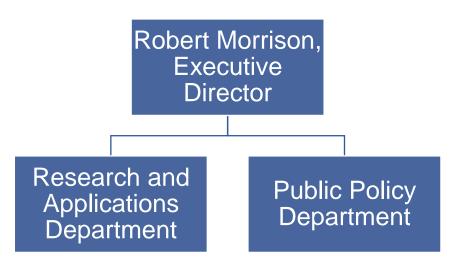
### NCSL Opioid Policy Fellows Kickoff

Robert Morrison, Executive Director, NASADAD (<a href="mailto:Rmorrison@nasadad.org">Rmorrison@nasadad.org</a>)

January 8, 2022

### **Overview of NASADAD**

- NASADAD's mission is to promote effective and efficient publicly funded State substance use disorder prevention, treatment, and recovery systems.
- Office in Washington, D.C.
  - Research and Program Applications Department
    - ➤ Houses component groups: prevention, treatment, women's services, and State Opioid Treatment Authorities (SOTAs)
  - Public Policy Department
- Governed by Board of Directors
  - Sara Goldsby (SC), President
  - Cassandra Price (GA), Public Policy Committee Chair





### **Agenda**

**Role of State Alcohol and Drug Agencies** 

**Opioid Treatment Programs** 

Federal Funds that Support State Substance Use Disorder System Infrastructure

**Tools to Help Share Information on State Actions to Expand Access to Treatment** 

**Brief Mention: Workforce** 



# Role of State Alcohol and Drug Agencies



### Role of State Alcohol and Drug Agencies



https://nasadad.org/role-of-ssas/

Placement in State government varies: May be Departments of Health, Human Services, Social Services, Cabinet Level, and so on State plans to provide prevention, treatment, and recovery services

Manage the Substance Abuse Prevention and Treatment (SAPT) Block Grant

Manage opioidspecific grants to States

Promote effectiveness through planning, oversight, and accountability

**Report Data** 

Promote and ensure quality

Encourage coordination across state government

Work with the provider community



# Spotlight: Working with providers across prevention, treatment, recovery

- Convene provider community to ensure communication and awareness; seek and acquire input
- Training to help support providers with education on best practices related to programs, practices and policies
  - Includes help translating research-to-practice
- Develop and issue *guidance* to providers
- Lead / contribute to staff and facility *licensing and certification* activities
- Assisting providers to leverage opportunities offered by federal partners
- Critical partner when considering action regarding workforce crisis



### Your State's SSA

Idaho: Rosie Andueza, Division of Behavioral Health Operations Program Manager, Department of Health and Welfare, rosie.andueza@dhw.idaho.gov

**Oregon:** Steve Allen, Behavioral Health Director, Health Systems Division, steven.j.allen@dhsoha.state.or.us

**South Dakota:** Tiffany Wolfgang, Chief of Behavioral Health Services, Division of Behavioral Health, Department of Social Services, tiffany.wolfgang@state.sd.us

**Nevada:** Stephanie Woodard, DHHS Senior Advisor on Behavioral Health, Division of Public and Behavioral Health, Bureau of Behavioral Health, Prevention, and Wellness swoodard@health.nv.gov

**Utah:** Eric Tadehara, Assistant Director, Division of Substance Abuse and Mental Health, Department of Human Services, erictadehara@utah.gov

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Montana: Jami Hansen, Program Manager, Addictive and Mental Disorders Division Jami.Hansen@mt.gov

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**Massachusetts:** Deirdre Calvert, Director, Bureau of Substance Addiction Services, Department of Public Health, Deirdre.C.Calvert@mass.gov

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**North Carolina:** Dave Richard, Director, Division of Mental Health, Developmental Disabilities, and Substance Abuse Services, dave.richard@dhhs.nc.gov

**Georgia:** Cassandra Price, Executive Director, Division of Addictive Disease, Department of Health and Developmental Disabilities, Cassandra.Price@dbhdd.ga.gov

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**Oklahoma:** Carrie Slatton-Hodges, Commissioner, Oklahoma Mental Health and Substance Abuse Services, chodges@odmhsas.org



# Quick Background on Opioid Treatment Programs



### **Opioid Treatment Programs**

- Provide outpatient, community-based treatment for opioid use disorder using medications regulated by the Controlled Substances Act (methadone and buprenorphine), as well as counseling and other supports
- Regulated by SAMHSA and the Drug Enforcement Agency (DEA), as well as States/territories
- Staffed by physicians trained and experienced in addiction medicine, nurses, pharmacists, licensed substance use disorder and mental health health professionals and individuals in recovery
- Over 1,800 OTPs certified by SAMHSA/DEA serve over 500,000 patients

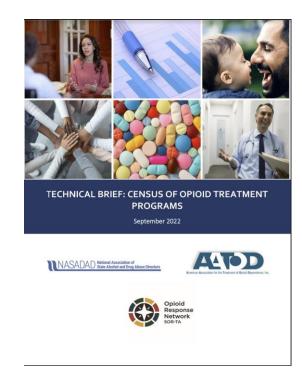
# Who are the State Opioid Treatment Authorities (SOTAs)?

- Housed within State alcohol and drug agency to be responsible for and exercise authority over the use of medications for the treatment of opioid use disorder (MOUD).
- Usually assigned to one person who may be assisted by other staff
- Serves as the liaison between the opioid treatment program (OTP) and SAMHSA, Drug Enforcement Agency (DEA) other State agencies (e.g., Board of Pharmacy, State substance use disorder licensing) by providing information to the OTPs and advising SAMHSA on quality of care, compliance with regulations and other critical issues.



# Census of Opioid Treatment Programs (OTP): Background & Purpose

- Funded by SAMHSA's State Opioid Response (SOR) Technical Assistance grant
- Partnership between American Association for the Treatment of Opioid Dependence (AATOD) and NASADAD
- AATOD members include Opioid Treatment Programs (OTPs)
- Census conducted between April and December of 2021, with the assistance of the State Opioid Treatment Authorities (SOTAs)
- Data collected from 1,547 of the 1,826 OTPs providing treatment to patients in SAMHSA certified OTPs across the states and territories (85% response rate)
- Determine the number of patients receiving medications for opioid use disorders (MOUD) in opioid treatment programs (OTPs(
- The types of federally approved medications used by patients in treatment and formulations of medications taken among patient population

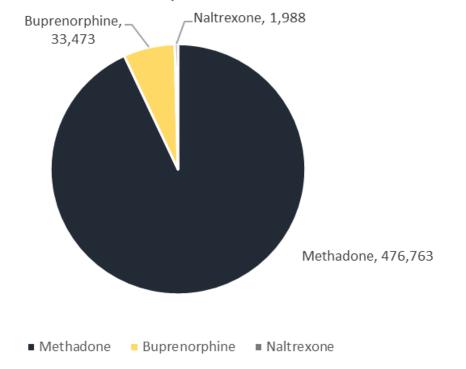


https://nasadad.org/2022/12/technical-briefcensus-of-opioid-treatment-programs/

# Census Findings: Patients in Opioid Treatment Programs (OTPs)

- Most patients captured in the census are using methadone to treat their OUD
  - (476,763 or 93%)
- Buprenorphine was the second most frequently reported medication used
  - (33,473 or 7%)
- Naltrexone was the least reported medication in use
  - **1** (1,988)

Exhibit 1: Medications used by Patients in OTPs to Treat OUD



# Census Key Points: Patients in Opioid Treatment Programs (OTPs)

- In 2020, 347,223 patients received care through OTPs
- In 2021, 512,224 patients received through OTPs
- This census also discovered that more patients were being treated with methadone in 2021 (476,001) compared to (311,531) to 2020
- Patients receiving buprenorphine increased slightly in 2021 compared to 2020 (32,652 to 31,864, respectively, and patients receiving naltrexone decreased between 2021 and 2020 (1,904 to 3,828, respectively)

- These changes may reflect the potency of illicit fentanyl and that it is often mixed with other substances, making it both extremely dangerous and clinically challenging to treat
- Increase in the number of OTPs across the country
- Initial indications are that methadone maybe preferable in treating fentanyl to relieve withdrawal symptoms and cravings and retaining patients in treatment

Federal Funds That Help Support State Substance Use Disorder System Infrastructure



## Substance Use Prevention, Treatment, and Recovery Services (SUPTRS) Block Grant

(Formerly Substance Abuse Prevention and Treatment [SAPT] Block Grant)

- \$2 billion formula grant administered by SAMHSA
- 20 percent set-aside for front-end primary prevention
- Flexible program that allows each State to direct resources for prevention, treatment, and recovery to meet their unique own needs
- Critical funding that supports infrastructure of each State's substance use disorder system including services not reimbursed

| Program               | FY 2019         | FY 2020         | FY 2021         | FY 2022         | Final FY 2023   | FY 2023 vs. FY<br>2022 |
|-----------------------|-----------------|-----------------|-----------------|-----------------|-----------------|------------------------|
| SUPTRS<br>Block Grant | \$1,858,079,000 | \$1,858,079,000 | \$1,858,079,000 | \$1,908,079,000 | \$2,008,079,000 | +\$100,000,000         |

### State Opioid Response (SOR) Grants - Overview

Program managed by the Substance Abuse and Mental Health Services (SAMHSA) that helps States with prevention, treatment, overdose reversal, and recovery needs linked specifically to the opioid crisis and stimulant use disorders.

Recent areas of emphasis:

Increasing access to treatment including FDA-approved medications for the treatment of opioid use disorder (MOUD)

Increasing access to overdose reversal medications

Increasing access to recovery support services

Increasing primary prevention efforts

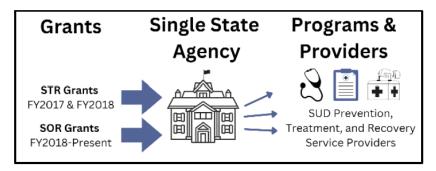
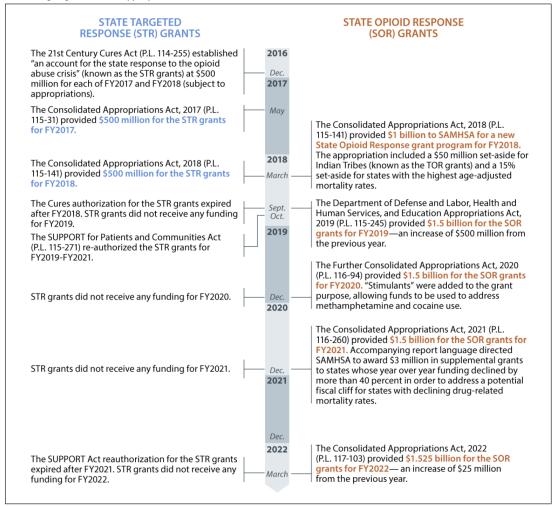


Figure 2. Opioid Block Grant Timeline

Authorizing Legislation and Appropriations Levels over Time for the STR, SOR, and TOR Grants



**Source:** Congressional Research Service.



### State Opioid Response (SOR) Funding

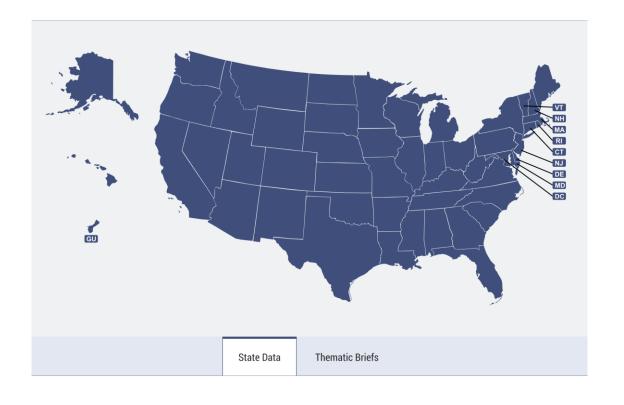
| Program                               | FY 2019         | FY 2020         | FY 2021         | FY 2022         | Final FY 2023   | FY 2023 vs<br>FY 2022 |
|---------------------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------------|
| State Opioid Response<br>(SOR) Grants | \$1,500,000,000 | \$1,500,000,000 | \$1,500,000,000 | \$1,525,000,000 | \$1,575,000,000 | +\$50,000,000         |

# Medication-Assisted Treatment – Prescription Drug and Opioid Addiction (MAT-PDOA)

Grant program within the Substance Abuse and Mental Health Services Administration (SAMHSA) to help States and locals expand/enhance access to Medications for Opioid Use Disorder (MOUD).

| Program  | FY 2019      | FY 2020      | FY 2021      | FY 2022       | Final FY 2023 | FY 2023 vs FY<br>2022 |
|--|--------------|--------------|--------------|---------------|---------------|-----------------------|
| Medication-Assisted Treatment for Prescription Drug and Opioid Addiction (MAT- PDOA) | \$89,000,000 | \$89,000,000 | \$91,000,000 | \$101,000,000 | \$111,000,000 | +\$10,000,000         |

# Tools On State Actions To Expand Access To Treatment



### Background: State Opioid Response (SOR) Grant

- State Opioid Response (SOR) grants were/are a major source of funding to address the opioid crisis and stimulants disorders.
- To understand how grantee have used these funds, NASADAD developed in 2019 and 2021, individual state and territorial briefs that describe highlights of each state alcohol and drug agency's use of STR/SOR funds across the continuum of care.
- Thematic briefs were also developed to analyze common strategies and services states have implemented in dealing with the opioid and stimulant misuse and use disorders.

**Thematic briefs** describe some of the most pressing issues faced by the SSAs in responding to the opioid crisis and stimulant misuse and use disorders, common strategies to address them, and innovative programs. The briefs cover:

- Crisis Support Services
- Special Populations Initiatives
- Initiatives to Build Workforce Capacity
- Demonstrating Outcomes for a **Healthier Future**
- Prevention Initiatives
- Treatment Initiatives
- Overdose Reversal Initiatives
- Recovery Support Initiatives



#### BACKGROUND AND OVERVIEW

the State Targeted Response to the Opioid Crisis (STR) grant program and currently administers to State Opioid Response (SOR) grant program. The STR program was designed to address the opioid crisis by to address the opioid crisis by increasing access nedication-assisted treatment (MAT) using the three



Food and Drug Administration (FDA)-approved medications for treatment of OUD and through misuse and use disorders, including for cocaine and methamphetamine

The Onioid Response Network (ORN) is a group of diverse individuals and organizations working collaboratively to address the opioid and stimulant crisis. Funded by SAMHSA's SOR Technical Assistance (TA) grant, the ORN works with states, health professionals, community organizations, th ustice system, and individuals in all 50 states and nine territories to provide education and training. This issue brief was developed as a form of TA so states can share strategies and learn from one another, as well as seek ORN TA when needed.

The National Association of State Alcohol and Drug Abuse Directors (NASADAD), through its partnership with the ORN, sent an inquiry to the Single State Agencies (SSAs) for alcohol and other drug services in March 2021 requesting information on how they were using the STR and SOR grants to address the opioid crisis in their states. A total of 52 state and territorial responses were received The results of the inquiry were summarized into state-specific briefs highlighting service delivery models; workforce activities; prevention, treatment, and recovery initiatives; services for special populations; and service outcomes. State briefs generally covered a reporting time frame between F



#### PREVENTION INITIATIVES

and Drug Abuse Directors (NASADAD) sent an inquiry to the Single State Agencies for alcohol and other drug services Targeted Response (STR) and State Opioid Response (SOR grants to address the opioid crisis in their states. The results of the inquiry were summarized into state-specific profiles highlighting prevention, treatment, overdose reversal, and recovery support efforts. State profiles generally covered a reporting timeframe between May 2017 - April 2019. A total of 50 state responses were received. Washington D.C. and U.S. Territories did not respond to the inquiry. Below is a brief analysis of the most common ways states have used STR/SOR funds for primary prevention initiatives, as well as select examples of innovative prevention initiatives



#### STR/SOR OUTCOMES SNAPSHOT Demonstrating Outcomes for a Healthier Future

ss the opioid and stimulant crisis. Funded by SAMHSA's SOR Technical Assistance (TA) grant, the ORN worl tates, health professionals, community organizations, the justice system, and individuals in all 50 states and nin

#### 3.1 million

#### 167,982

294,978

As of June 2021, more than 40,000 individuals have received to

Through STR/SOR investments, over 48,000 individuals have bee

The state has distributed more than 600,000 units of naloxone to I enforcement, first responders, harm reduction organizations, commun organizations, county behavioral health agencies, schools, and homele service programs. More than 37,000 overdose reversals have been reported o learn more about the 30 projects in the California MAT Expansion Project

# Select a state or territory in the map or dropdown menu to access their STR/SOR Brief



Select a state: Ohio \$

Ohio Initiative Brief

### Addressing Opioid and Stimulant Misuse and Use Disorders: The Impact of State Targeted Response and State Opioid Response Grants

#### Background on State Targeted Response and State Opioid Response Grants

The Substance Abuse and Mental Health Services Administration (SAMHSA) administers the State Targeted Response to the Opioid Crisis (STR) and State Opioid Response (SOR) grant programs. The STR program was designed to address the opioid crisis by increasing access to treatment, reducing unmet treatment need, and reducing opioid overdose-related deaths through the provision of prevention, treatment, and recovery support activities for opioid use disorder (OUD). Following STR, the SOR program similarly aims to address the opioid crisis by increasing access to medication-assisted treatment (MAT) using the three Food and Drug Administration (FDA)—approved medications for treatment of OUD and through the provision of prevention, treatment, and recovery subjust for OUD. In addition, the SOR program supports evidence-based prevention, treatment, and recovery support services to address stimulant misuse and use disorders including for cocaine and methamphetamine.

In FY 2017 and FY 2018, grantees received a total of \$1 billion through STR. From FY 2018 through FY 2020, states, territories, and jurisdictions received a total of \$4 billion in SOR grants.

#### Single State Agency (SSA): Ohio Department of Mental Health and Addiction Services

In FY 2017 and FY 2018, the Ohio Department of Mental Health and Addiction Services (OhioMHAS) received a total of \$52 million in STR funding. From FY 2018 through FY 2020, Ohio received a total of \$326.2 million in SOR funding.

#### Overview of Ohio's efforts to address opioid and stimulant misuse and disorders

The Ohio SOR Project is intended to:

- Expand prevention efforts related to naloxone distribution, provide training across systems for professionals to improve system responses to the opioid crisis, and deploy targeted awareness messaging for communities:
- 2. Expand access to MAT and a clinical workforce with the expertise to provide MAT and psychosocial treatment to individuals with an OUD; and
- Expand the use of certified peer supporters and access to recovery housing, in particular recovery housing for families, and development of employment opportunities for persons in recovery from opioid addiction.

### Link to Access Map

https://nasadad.org/

### Workforce





# NASADAD Workforce Recommendations to Congress



Congress should ensure SAMHSA's current legal authority to address workforce issues is matched with programmatic initiatives.



NASADAD worked with the authors of CARA 3.0 to develop a grant authorized within SAMHSA to State alcohol and drug agencies that would support substance use disorder prevention workforce initiatives.

"Provide SAMHSA the authority and resources to help address the nation's substance use disorder workforce crisis."



NASADAD has called on Congress to explicitly add workforce activities as an allowable use of the SAPT Block Grant.

Sara Goldsby's (Feb. 1) & Cassandra Price's (April 5) Testimony



### NASADAD Federal Recommendations: New workforce-related allowable use of Substance Abuse Prevention and Treatment (SAPT) Block Grant

Enhancing or developing current training curricula

Partnering with elementary schools, middle schools, high schools, or institutions of higher education to generate early student interest in careers related to substance use disorders

Creating short and longer-term pipeline initiatives through training, mentoring, coaching, tuition assistance, and stipends for students enrolled in substance use disorder-related educational programs

Enhancing or establishing initiatives related to credentialing or other certification processes recognized by the State alcohol and drug agency, including scholarships or support for certification costs and testing

Establishing or enhancing initiatives that promote recruitment, professional development, and access to education and training that increase the State's ability to address diversity, equity, and inclusion in the workforce, including communication initiatives or campaigns designed to draw interest in a career in substance use disorder prevention, treatment, and recovery

Establishing or enhancing internships, fellowships, apprenticeships, and other career opportunities

Providing substance use prevention, treatment, and recovery staff with retention payments, bonuses, hazard pay and staff differential pay

Retention initiatives that may include training, leadership development or other educational opportunities.



Comprehensive Workforce Investments Designed to Improve Access to & Quality of Care:

A State Example Oregon Health Authority



### Legislative Initiatives from 2021-22 Sessions

Workforce Strengthening and Diversification: (HB2949 - 2021)

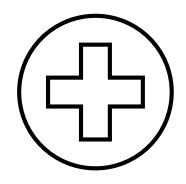
 Workforce Stabilization: Recruitment/Retention Payments (HB4004 - 2022)

Provider Rate Increases (HB5202 – 2022)

# Workforce Strengthening and Diversification: (HB2949 – 2021)

Increases the recruitment and retention of substance use and mental health providers who are people of color, tribal community members, or residents of rural areas, in order to provide culturally responsive care. It specifically provides the following:

- \$60 million to develop a diverse workforce in licensed and non-licensed occupations through workforce incentives (e.g., scholarships, loan repayment, housing stipends, childcare subsidies)
- \$20 million for a grant program to licensed SU and MH providers to provide paid supervised clinical experience to associates or other individuals so they may obtain a license to practice.



# Workforce Stabilization: Recruitment/Retention Payments (HB4004 - 2022)

\$132 Million to be awarded

- Offers provider flexibility to design and apply compensation strategies, as long as <u>75%</u> is directed toward wages, benefits, bonuses and incentives
- A qualified entity must be licensed or certified by Oregon Health Authority, Oregon Department of Human Services or Oregon Youth Authority per the statutory language

### **Provider Rate Increases**

#### \$154.5 million in total funds

- Increases to fee-for-service schedule post-CMS approval retroactive to July 1, 2022
- Increases to Managed Care (Coordinated Care Organization) capitation rates (effective Jan 1, 2023)

#### **Priorities for FFS increases:**

- Parity between SU and MH rates
- •22% rate differential for providers that offer culturally and linguistically specific services directly (10% additional for rural providers)
- •Rate increase from \$17.70 to \$24.78 for peer support specialists wages



# Issue(s) from Yesterday: Costs related to substance use disorders

- Facing Addiction in America: Surgeon General's Report on Alcohol, Drugs, and Health (2017):
  - Alcohol costs the nation \$249 billion annually
  - Illicit drugs cost the nation \$193 billion annually

https://store.samhsa.gov/sites/default/files/d7/priv/surgeon-generals-report.pdf

- SAMHSA's Spending Estimates cite that the U.S. spent
  - \$56 billion on substance use disorder programs and services
  - \$156 billion on mental illness programs and services

Behavioral Health Spending & Use Accounts, 2006-2015 | SAMHSA Publications and Digital Products

# Issue(s) from Yesterday: Programs for Pregnant and Postpartum Women

- Utilizing a comprehensive family-centered approach for treatment
  - Women reside in a facility to receive substance use treatment where the children reside with them during treatment to receive services including:
    - Counseling; medications to treat substance use disorders;
    - Prenatal and postpartum care; parenting skills; counseling on HIV/AIDS; domestic violence
    - Help with employment
    - Therapeutic services for the children
    - Case management for all

### Questions?

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