

# SAMHSA Resources - COVID 19

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Substance Abuse and Mental Health Services Administration  
U.S. Department of Health and Human Services



# FY 2021 SAMHSA Enacted Budget

<i>(Dollars in Millions)</i>	<b>FY 2021</b>
Mental Health	1,792
Substance Abuse Prevention	208
Substance Abuse Treatment	3,855
Health Surveillance and Program Support	162
FY 2021 Program Level	6,017
FY 2021 American Rescue Plan	3,560
FY 2021 COVID Supplemental Funding	4,250
<b>FY2021 SAMHSA Budget</b>	<b>13,827</b>

# FY 2021 COVID Supplemental Funding: \$4.25B

<i>(Dollars in thousands)</i>		<b>FY 2021 Enacted</b>
Certified Community Behavioral Health Clinics.....		600,000
Suicide Prevention.....		50,000
Emergency Response .....		240,000
Community Mental Health Services Block Grant.....		1,650,000
Substance Abuse Prevention and Treatment Block Grant.....		1,650,000
Project AWARE.....		50,000
National Child Traumatic Stress Network.....		10,000

**SAMHSA**  
**Sixth Supplemental**  
**American Rescue Plan Act of 2021**

*(dollars in millions)*

<b>Activity</b>	<b>Amount</b>
Community Mental Health Services Block Grant	1,500.000
Substance Abuse Prevention and Treatment Block Grant	1,500.000
Community Based Behavioral Health Needs	50.000
Community Based Substance Use Disorder Services	30.000
Certified Community Behavioral Health Clinics	420.000
Project AWARE	30.000
Youth Suicide Prevention	20.000
National Child Traumatic Stress Network	10.000
Total, SAMHSA	3,560.000

## Newsroom

### Coronavirus (COVID-19)

COVID-19 Information for  
SAMHSA Discretionary Grant  
Recipients

Media Guidelines for Bullying  
Prevention

Press Announcements

Statements

Speeches and Presentations

Logo Use Guidelines



## Coronavirus (COVID-19)

SAMHSA recognizes the challenges posed by COVID-19 and is providing the following guidance and resources to assist individuals, providers, communities and states. SAMHSA stands ready to assist in any manner possible.

## SAMHSA Resources and Information

[Training and Technical Assistance Related to COVID-19 \(PDF | 532 KB\)](#)

This document is updated weekly with new training opportunities.

[Disaster Distress Helpline](#)

## Download SAMHSA Resources



[Tips For Social  
Distancing,  
Quarantine, And  
Isolation During An  
Infectious Disease  
Outbreak](#)



[TAP 34: Disaster  
Planning Handbook  
for Behavioral  
Health Treatment  
Programs](#)



[Infectious Disease  
Outbreaks -  
Caregivers, Parents  
and Teachers](#)

## Grants

Learn more about SAMHSA's COVID-19 funded grants.

- **NEW** [FY 2021 SAMHSA American Rescue Plan \(ARP\) Funded Grants \(PDF | 120 KB\)](#)
- [FY 2021 SAMHSA COVID-19 Funded Grants \(PDF | 371 KB\)](#)
- [FY 2020 SAMHSA COVID-19 Funded Grants \(PDF | 340 KB\)](#)
- [COVID-19 Emergency Response for Suicide Prevention Grants](#)  
**CLOSED**
- [Emergency Grants to Address Mental and Substance Use Disorders During COVID-19](#) **CLOSED**
- [COVID-19 Information for SAMHSA Discretionary Grant Recipients](#)

## Guidance

### For behavioral health providers:

[Leveraging Existing Health and Disease Management Programs to Provide Mental Health and Substance Use Disorder Resources During the COVID-19 Public Health Emergency \(PHE\) \(PDF | 73 KB\)](#)

This document issued by CMS and SAMHSA provides information regarding expanding coverage for mental health and substance use disorder services delivered through telehealth platforms, telephone, and similar mechanisms to mitigate the impact of the COVID-19 public health emergency.

[Guidance for Law Enforcement and First Responders Administering Naloxone \(PDF | 117 KB\)](#)

The document discusses the importance of Naloxone and a series of recommendations are provided to promote first responder safety during COVID-19.

[Letter to Treatment Providers on PPE \(PDF | 543 KB\)](#)

This letter serves as confirmation from SAMHSA that the ordering of personal protective equipment, such as masks and gloves, by providers of mental and substance use disorder treatment services is for a legitimate need and purpose.

[COVID-19 Public Health Emergency Response and 42 CFR Part 2 Guidance \(PDF | 168 KB\)](#)



## **For facilities:**

[Considerations for the Care and Treatment of Mental and Substance Use Disorders in the COVID-19 Epidemic \(PDF | 125 KB\)](#)

This document offers guidance to facilities, recommending that non-urgent visits be rescheduled, while also recommending that providers perform regular checks on patients at higher severity mental illness or substance use disorder.

[Considerations for Crisis Centers and Clinicians in Managing the Treatment of Alcohol or Benzodiazepine Withdrawal during the COVID-19 Epidemic: March 19, 2020 \(PDF | 213 KB\)](#)

Crisis centers that are able to remain operational and dispense medications to be administered unsupervised are asked to consider this guidance to minimize the potential for overdose and/or diversion.

[Considerations for Outpatient Mental and Substance Use Disorder Treatment Settings \(PDF | 104 KB\)](#)

Persons with Serious Mental Illness that are served in outpatient treatment settings may be at elevated risk for acquiring Covid-19 and may have a more complicated course. The Centers for Disease Control and Prevention (CDC) gives some specific guidance for outpatient facilities during the Covid19 emergency.



# Looking forward – trends from SAMHSA grants

- From Emergency COVID Grants (15,000+/- served to date)
  - **Individuals with M/SUD coming back into treatment**
  - **Individuals new to M/SUD treatment**
  - **Health Care professionals, Educators and First Responders – requesting support, not treatment**

# COVID Impact on Parents

- Parents who were stressed by having to help their children with distance learning during COVID-19 report drinking more
- These stressed parents were also 2x more likely to report binge drinking than parents who were not stressed
- <https://theconversation.com/parents-with-children-forced-to-do-school-at-home-are-drinking-more-143164>

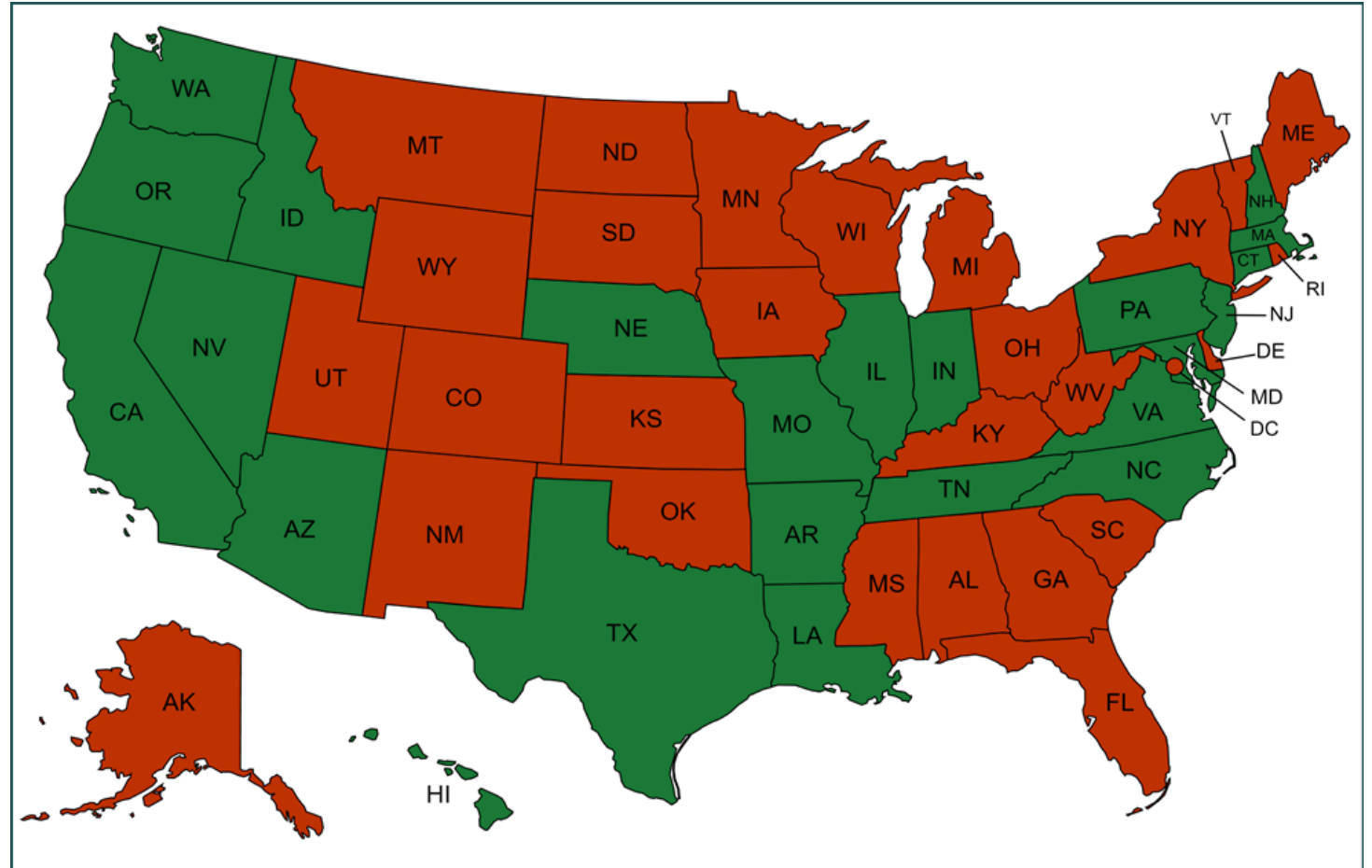
# Substance Use and Overdoses

- Individuals using alone – greater frequency of overdose and death
- Online alcohol sales increased 234% from 2/2020 to 2/2021

# Alcohol Delivery laws pre-COVID

- States that allow home delivery of alcohol
- Home Delivery is NOT permitted

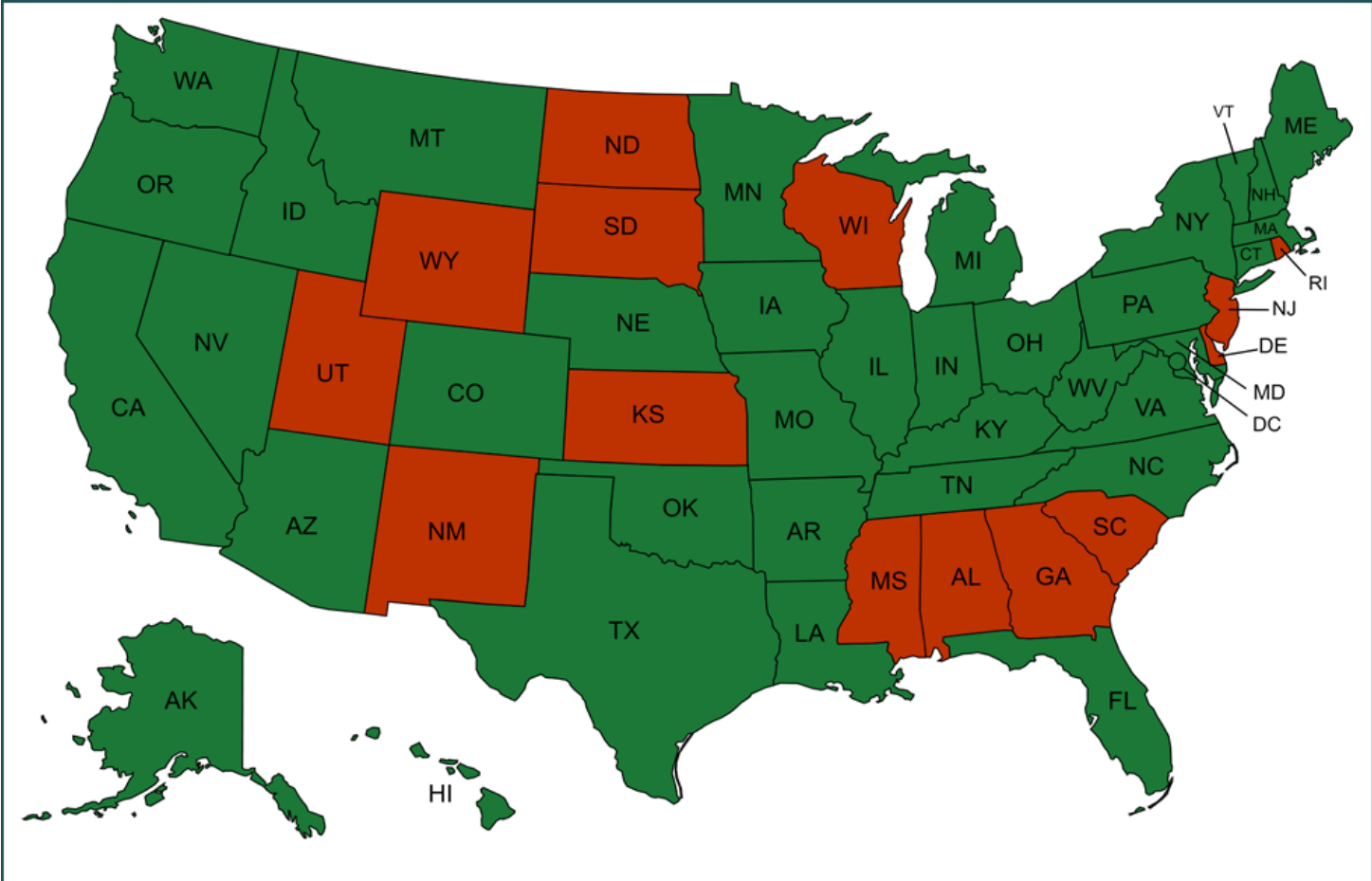
<https://alcoholpolicy.niaaa.nih.gov>



# Alcohol Delivery Laws Feb.2021

- **States that allow home delivery of alcohol**
- **Home Delivery is NOT permitted**

<https://alcoholpolicy.niaaa.nih.gov>



# Impact of Home Delivery

- Adults who obtained at least some of their alcohol via delivery, reported consuming significantly more alcohol (both number of days and number of drinks) than participants who obtained alcohol through other means.
- Were also 2x more likely to report engaging in binge drinking than participants who obtained alcohol through other means

# Thank you.

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

Anne Herron ([anne.herron@samhsa.hhs.gov](mailto:anne.herron@samhsa.hhs.gov))

**www.samhsa.gov**

1-877-SAMHSA-7 (1-877-726-4727) • 1-800-487-4889 (TDD)





## **California journey towards integration: response to the impact of COVID-19**

California Department of Health Care Services

Kelly Pfeifer, MD,

Deputy Director

Behavioral Health

[Kelly.Pfeifer@dhcs.ca.gov](mailto:Kelly.Pfeifer@dhcs.ca.gov)



# Challenges

- California maintains a carve-out of specialty mental health and SUD treatment in our constitution – integrated care faces regulatory, financial, operational challenges
- California saw significant overdose spikes over the last year – due to fentanyl, increasing stimulant use, and social isolation



# Approach

- Continue to deploy federal opioid funding to drive integrated addiction treatment into all health care and justice touchpoints
- Maintain advances in telehealth due to pandemic
- After 12-month pause, move forward on opportunity of 1115 and 1915b waiver renewals to streamline and simplify our Medicaid program:

California Advancing and Innovating  
Medi-Cal (CalAIM)



# California Overdose Data (July 2019 – July 2020)

**6,954**

**All Drug  
Overdose Deaths**

**3,251**

**Psychostimulant  
Overdose Deaths**

**2,521**

**Fentanyl  
Overdose Deaths**

**1,044**

**Cocaine  
Overdose Deaths**



# **MAT Expansion Project, funded through State Opioid Response: Treatment Starts here**

**30+**

projects

**\$476M**

from SAMHSA (STR & SOR)

**650+**

Access points for MAT

**55,000+**

New patients receiving MAT

**600,000**

Naloxone units distributed

**31,000+**

Overdose Reversals



# MAT Expansion Primary Care Efforts

## Primary care

- More than **70** primary care clinics: new or expanded MAT programs.
- Added **150** new MAT prescribers, treated over **2,000** patients

## MAT Provider Support

- Primary care consultation and mentorship
- Live and on-demand web-based trainings;
- MAT ECHO clinics.

## 24-7 Substance Use Line (Partnership with Poison Control)

- Cost-free tele-consultation service for substance use evaluation and management available to all California clinicians in any health care setting.



# California Bridge Program: MAT in EDs and Hospitals

[www.CABridge.org](http://www.CABridge.org)

- Hospitals and EDs serve as primary access points for patients with SUD
- Teach ED providers and staff: Screening, assessment, brief intervention, including buprenorphine.
- Grants to support Behavioral Health Navigators to connect patients to community treatment.
- **208** hospitals participate— over 60% of hospitals with EDs in California







## California Bridge – 2019-20 data



**48,007**

Substance Use  
Navigator encounters



**24,191**

Patients identified with  
OUD



**10,471**

Encounters where  
MAT was prescribed  
or administered

Cumulative totals across all reporting CA Bridge sites (n = 86), April 2019-March 2021



# Expanding MAT in County Jails & Prisons

- Goal: increase access to MAT in drug courts, during incarceration, and on release
- **35** of 58 California counties participate
- As of March 2021, more than **10,533** jail detainees had received MAT during incarceration.
- Now adding TA related to stimulant use disorder and co-occurring serious mental illness and SUD.
- California's prison system expanded MAT and other SUD treatment throughout its prisons, offering buprenorphine, methadone and naltrexone:
  - 30,000 inmates screened for SUD
  - 9000+ inmates on MAT
  - ***OD deaths in prison dropped 67% in last year***



## Other MAT efforts

- Harm reduction: distributing naloxone to first responders, syringe services programs, and others
- Tribal MAT programs
- Prevention programs focused on youth and high-impact communities
- Launch, support and network opioid safety coalitions
- Support MAT integration into social model SUD treatment and recovery programs
- Expand MAT options for opioid treatment programs, beyond methadone

More information: [CaliforniaMAT.org](https://CaliforniaMAT.org)



## Telehealth

- Telehealth in BH: always available, rarely used
- March 2020: rapid embrace of live video and telephone services
- Positive reviews of providers and patients
- Post pandemic: continuing telehealth flexibility across all delivery systems
- Digital divide is ongoing concern, especially for rural and homeless populations



# CalAIM: Advancing and Innovating Medi-Cal

- Identify and manage member risk and need through whole person care approaches and addressing social determinants of health;
- Move Medi-Cal to a more consistent and seamless system by reducing complexity and increasing flexibility; and
- Improve quality outcomes and drive delivery system transformation through value-based initiatives, modernization of systems, and payment reform.



# Questions

Kelly Pfeifer, MD

Deputy Director, Behavioral Health

[Kelly.Pfeifer@dhcs.ca.gov](mailto:Kelly.Pfeifer@dhcs.ca.gov)



# DMHA's "Triple Aim"

- High Quality
- Seamlessly Integrated
- Accessible

ACROSS  
PREVENTION, TREATMENT, AND RECOVERY!





# Dimensions of Recovery

- **Health** - Overcoming or managing one's disease(s) or symptom's and making informed, healthy choices that support physical & emotional well-being
- **Home** - Having a stable and safe place to live
- **Purpose** - Conducting meaningful daily activities & having the independence, income & resources to participate in society
- **Community** - Having relationships & social networks that provide support, friendship, love & hope

Source: Recovery and Recovery Support (2019,14) Retrieved from <https://samhsa.gov/find-help/recovery>

## FOUR DIMENSIONS OF RECOVERY





# Not an “either/or”

## WHICH IS MOST IMPORTANT?

- ✓ More treatment
- ✓ Housing
- ✓ Jobs
- ✓ Community Connection
- ✓ ALL OF THE ABOVE





## Recovery Support Services

- Not possible without Medicaid Expansion and 1115 Waiver
- Move away from the “first Treatment, then Recovery” mindset
  - Connecticut Center for Addiction and Recovery: “You are in Recovery when you say you are”

RECOVERY IS EASIER WHEN LIFE IS



# Recovery Expansion in Indiana: A community effort





## How: Regional Recovery Hubs

- Planned pre-COVID, but accelerated due to COVID
- Purpose:
  - Mobilize peer workforce
  - Help most marginalized populations
  - Build on and strengthen existing community connections
  - Accessible in all 92 counties
- Starting with a focus on peers, then add on other recovery supports

# Indiana Regional Recovery Hubs



## Regions Served:

### Northwest

- The Artistic Recovery and Recovery Connections PACT
- Integrative Wellness
- Phoenix Paramedic QRT

### Northeast

- Oaklawn
- Jay Co. Drug Prevention Coalition
- Turning Point SOC

### Central

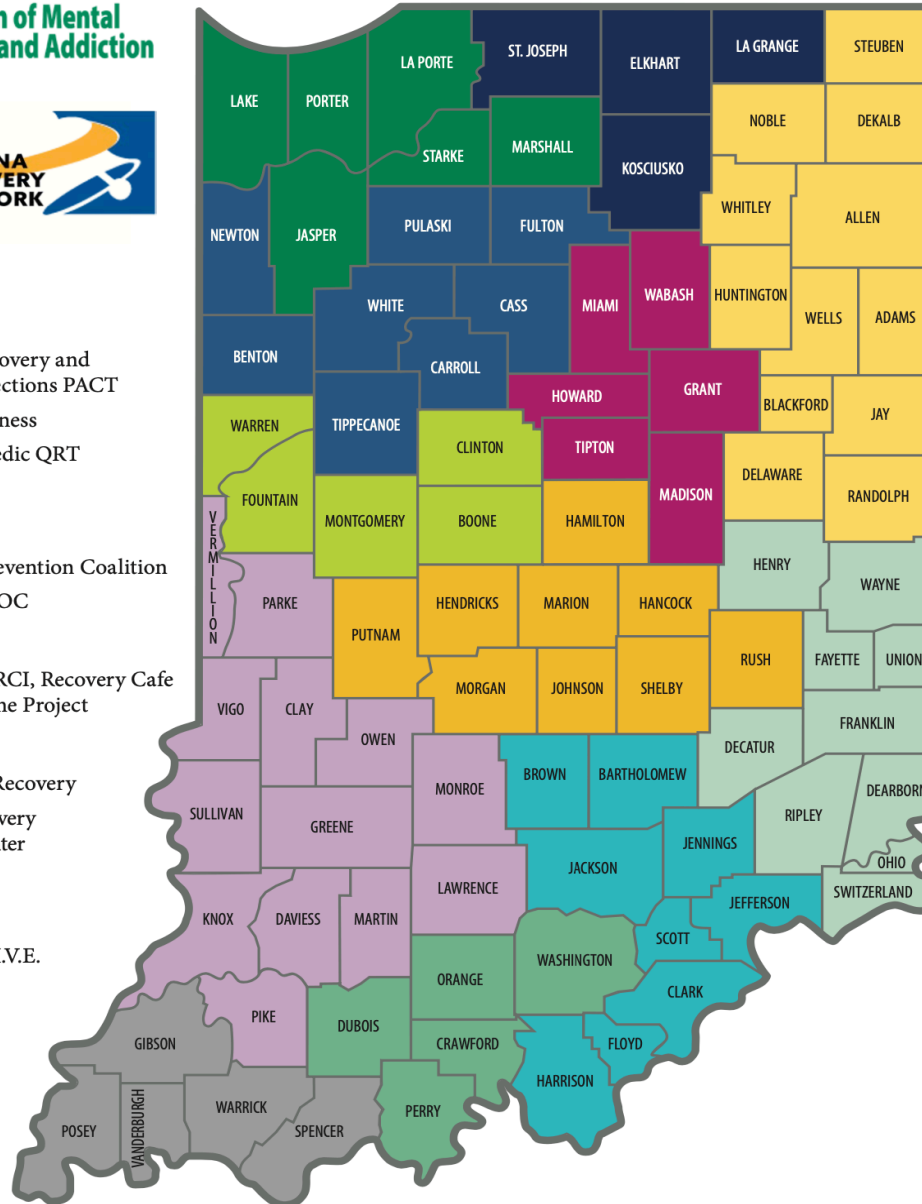
- IAIC, PACE, MRCI, Recovery Cafe  
Indy, Never Alone Project

### Southwest

- Wabash Valley Recovery
- Safe Haven Recovery Engagement Center
- Peace Zone

### Southeast

- Scott Co. T.H.R.I.V.E.
- 1 Voice





# Easily Accessible

Connection to RRH Peers through 211

Peers are available 7 days a week from 9 a.m. to 8 p.m.

Connection to 211 crisis counselors available during overnight hours

Peers are trained on how to access and route individuals to additional resources available in 211



# Peer 2 Peer Recovery (Virtual)

- ▶ 15 meetings a week
- ▶ Strength-based approach
- ▶ Facilitated by certified peer supports
- ▶ Open to all pathways of recovery
- ▶ Individuals in or contemplating recovery
- ▶ Recovery from SUD, AUD, and/or mental health concerns



## WHAT IS PEER 2 PEER?

P2P is a digital strengths based, judgement-free, gathering for anyone in recovery or thinking about recovery. The gathering is hosted by a trained peer support that can offer their personal experience and resources. Gatherings are available 5 days a week, 3 times a day.

## WHAT IS A PEER SUPPORT?

A trained peer support is someone who has lived experience with substance use or mental health disorders, and can provide support and resources.



## READY TO CONNECT?

### JOIN US!

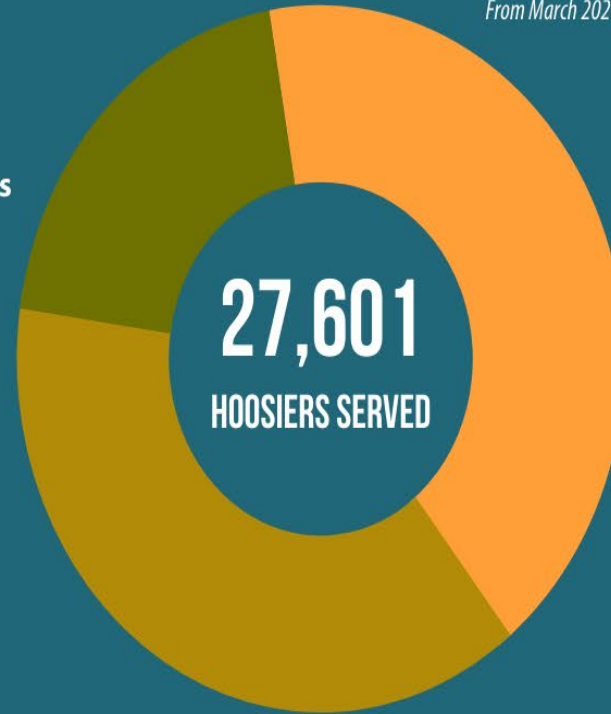
## MONDAY - FRIDAY

- 10 AM (EST)
  - ZOOM MEETING ID: 408-405-356
  - PHONE: 1-301-715-8592, 408405356#
- 2 PM (EST)
  - ZOOM MEETING ID: 823-305-457
  - PHONE: 1-301-715-8592, 823305457#
- 7 PM (EST)
  - ZOOM MEETING ID: 574-544-947
  - PHONE: 1-301-715-8592, 574544947#

*From March 2020 - April 2021 services were provided through 17 Indiana Regional Recovery Hubs covering all 92 counties.*

**5,319**  
Referrals made by Indiana Regional Recovery Hubs

**10,550**  
Individuals served through group peer support



**11,731**  
Individuals served through individual peer support



Department of  
Mental Health  
and Addiction

One Year In....



## Next Steps

- Continue to strengthen and mobilize peer workforce
  - Peers are the only growing workforce in this space
  - “There’s a peer for that”
- Add other Recovery Supports
  - Civil Legal Aid
  - Access to Early Childhood Education/Childcare
  - Housing supports, including Recovery Housing
- “Possible” → “Expected”



# COVID-19 Impact on Current and Future Services in South Carolina

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2021 SAMHSA & NASADAD Annual Meeting  
June 7, 2021



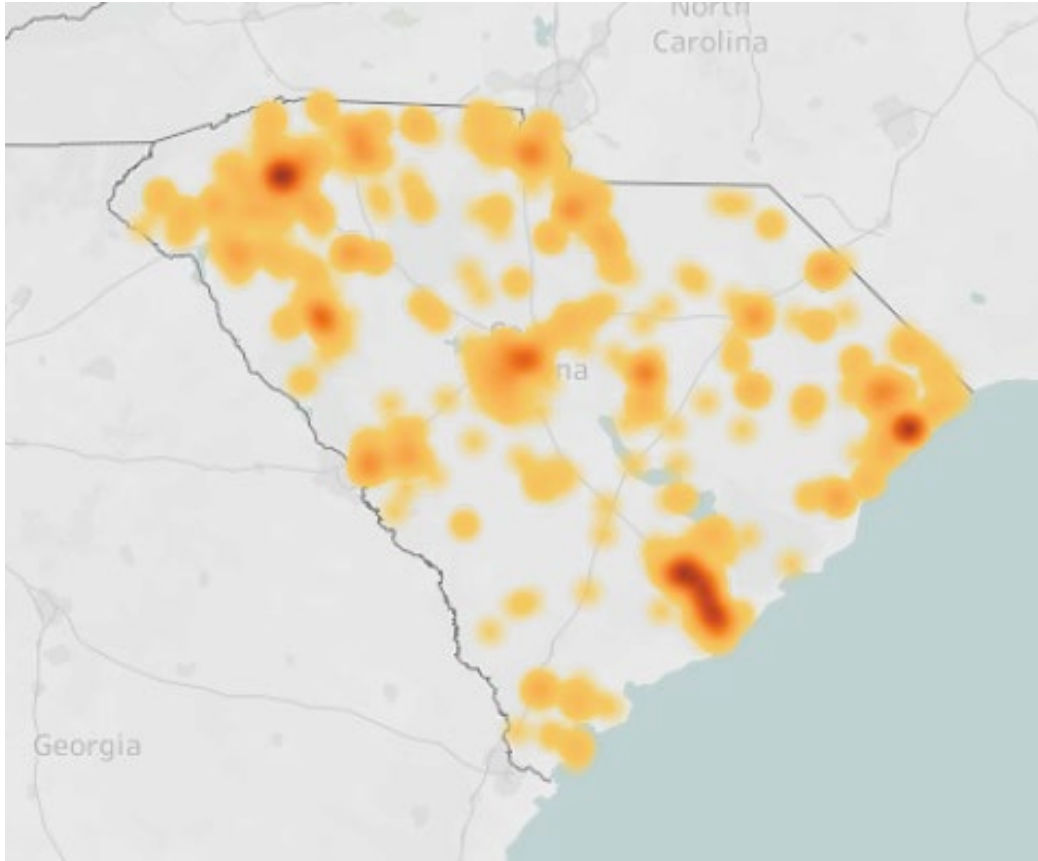
# Adaptations - Primary Prevention Services

- Local Variation – Virtual vs. In-Person
  - School-based services
  - EBPs (Strengthening Families Program)
- Here-to-Stay Improvements
  - Social media engagement
  - Website development
  - Virtual town hall options for coalition participation
- Environmental strategies are just getting back to normal.



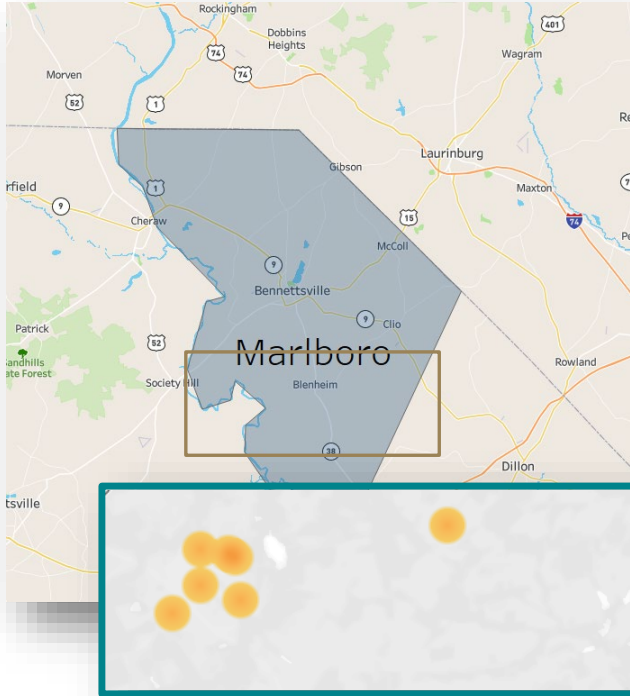


## Overdose Surveillance & Rapid Response



- Weekly data monitoring for suspected overdoses
- Data-sharing agreement and action protocol across a core multiagency group
- Rapid alert and engagement of local officials and stakeholders
- Synchronizing targeted response and resource deployment across sectors

# Targeted Prevention/Outreach Efforts



Trinity Behavioral Care presents  
**Poppin Pills Pop Dreams**  
**Drive Thru**  
**NO REGISTRATION REQUIRED**  
WE WILL BE GIVING AWAY.....

**FREE**  
**NARCAN NASAL SPRAY**  
Reverse Opioid overdose  
until EMS can arrive

**FREE**  
**DETERRA PACKETS**  
Dispose of Prescription  
medications that are  
unused or expired

**MAY 18**  
**11am-1pm**

LOCATION  
**THE SWORD OF TRUTH**  
**105 CHERAW STREET, BENNETTSTVILLE SC**  
**(PARKING LOT)**



Photo credit: Trinity Behavioral Care

*First, thank you for the info showing we had two OD hotspots...*

*Secondly, we are grateful that you suggested we aggressively go to the areas with outreach...*

*-- County Authority Staff*





## Mental Health & Addictions Support for Challenging Times



### Mental Health Support

You are not alone! Our team is available to listen, provide resources, and connect you to treatment services.



### Addictions Help

Concerned you may have a drug or alcohol problem? Our addiction experts will assist you in finding the help you need.



### Healthcare Workers

Our clinical team offers specialized support for those providing direct care services to COVID-19 patients.



### 24/7 Availability

Our experienced team of mental health and addiction counselors are available day or night. Call us anytime!

CALL US TODAY AT **1-844-SC-HOPES**

## COVID-19 Crisis Response Initiative

- Partnership with the S.C. Department of Mental Health
- \$1.9 million SAMHSA grant award
- 2,729 calls since June 1, 2020
- TV, social media and billboard marketing
- Spanish and hearing-impaired services





## Saving Lives in South Carolina

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*A Guide to the Use of  
Fentanyl Test Strips*

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*Because we care about your safety!*

## Expanded Harm Reduction

- SAMHSA guidance + SOR funding
- Legal counsel interpretation of state law
- 30+ service providers and naloxone distributors
- Considering reporting for surveillance

# New Recovery Focuses

- Statewide campaign
- Scale and spread development of RCOs
  - CAPRSS standards
  - Data collection technology
  - Veteran's service organizational capacity
- Peer leadership development

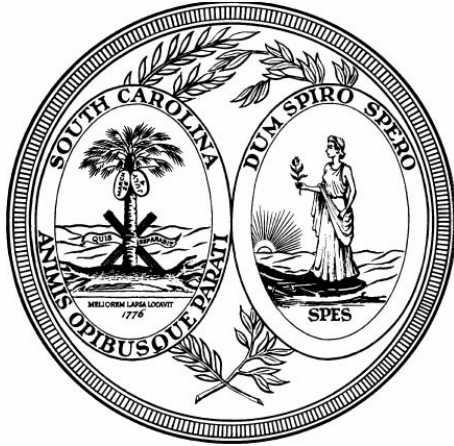


## Access. Outreach. Engagement.

- Mobile services
- Regional stabilization (4- to 7-day 3.7 Level of Care)
- Programs for justice system involvement
- Building capacity in faith ministries
- Minority health staff position
- Veteran's service organizations for intervention/recovery services



\* A note about inpatient residential services....



South Carolina

**DAODAS**

Department of Alcohol and Other Drug Abuse Services

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