

The Women's Services Network (WSN) is an organization of State Alcohol and Other Drug (AOD) Agency Representatives dedicated to the development and promotion of evidence-based practice that addresses the unique alcohol and other drug prevention, treatment, and recovery service needs of women and their families throughout their lifespan.

## WSN Overview

The Women's Services Network (WSN) functions as a specialty network of NASADAD's National Treatment Network (NTN) dedicated to the overall goal of effective, socially responsive service delivery for all women. Specifically, the WSN:

- Promotes the integration of evidence-based, genderresponsive prevention, early intervention, treatment, and recovery services for women and their families across the lifespan
- Engages in State-to-State learning regarding issues facing women with substance use disorders, including pregnant and parenting women, and the urgent need to promote prevention, intervention, treatment, and post-partum services that are comprehensive, readily accessible, and cost-effective
- Advances the data collection and continuous quality improvement of clinical and recovery support practices that achieve better service outcomes for women, their families and communities
- Shares information on collaborative multi-systemic, multidisciplinary, and holistic approaches that maximize the wellbeing of women.

The WSN is comprised of the women's service coordinators from across the country that have been appointed by their State Director to guide the development and the delivery of prevention, treatment, and recovery support services in their respective states.

The primary role of the WSN is to ensure that the unique treatment and prevention needs and concerns of women and their families are addressed. The WSN works to expand and improve the publicly-funded treatment and prevention systems and services, and to facilitate collaboration with other public and privately funded service agencies that serve women and their families. The NTN and WSN also work with the Center for Substance Abuse Treatment (CSAT) and other stakeholders to support and promote shared interests including expansion of effective and efficient treatment for substance use disorders that is comprehensive as well as culturally and gender appropriate.

### Women with Substance Use Disorders

- Women get drunk faster, become addicted to alcohol more quickly and develop alcohol-related diseases such as hypertension and liver, brain and heart damage more rapidly than men. (Women Under the Influence; National Center on Addiction and Substance Use at Columbia, 2006)
- Physical and sexual trauma followed by post-traumatic stress disorder (PTSD) is more common in women than in men who seek substance use treatment (National Institute for Drug Abuse, 2009)
- Women with substance use disorders are more likely to experience the following co-occurring disorders: depression, dissociation, post-traumatic stress disorder, other anxiety disorders, eating disorders, and personality disorders. (Covington, 2008)
- Of the 13,720 substance abuse treatment facilities included in the National Survey of Substance Abuse Treatment Services, 31.5% have programs for adult women, and 12.7% have programs for pregnant and postpartum women. (N-SSATS, 2011)
- Of women who entered treatment in 2012, 71.6% were white, 17.1% were African American or black, 2.7% were American Indian, 0.5% were Asian, and 8.1% were another race or more than one race (TEDS, 2012)
- The principal source of referral for women includes: self-referral (37.9%), criminal justice (26.9%), substance use care provider (10.0%), other health care provider (8.2%), school (1.1%), employer (0.3%), and other community referral (15.6%) (TEDS, 2012)
- 47.8% of women who received treatment services in 2012 did not have health insurance coverage; 12.0% had private insurance, 31.2% had Medicaid, and 9.0% had Medicare or another insurance (TEDS, 2012
- 46,727 women (8.4% of women receiving treatment services) received MAT in 2012 (TEDS, 2012)
- The service setting at admission for women includes: non-intensive outpatient (49.6%), 24-hour free-standing residential detox (15.2%), intensive outpatient (13.4%), short-term residential (9.8%), long-term residential (8.1%), inpatient (2.6%), ambulatory detox (1.0%), and non-detox rehab (0.3%) (TEDS, 2012)

WSN Executive L	eadership
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President	Karen
karen.mooney@state.co.us	Mooney
	CO
Immediate Past President	Starleen Scott
Starleen.scott-robbins@dhhs.nc.gov	Robbins (NC)
Vice President	Suzette
suzette.tucker@maryland.gov	Tucker
<u> </u>	MD
Secretary	Chris
Christine.Scalise@dhs.state.nj.us	Scalise
	NI
Treasurer	Jennifer
jennifer.m.foley@state.or.us	Foley
jeinner.m.ioiey@state.or.us	OR
Docion I Donnocontativo	
Region I Representative	Lori
CT, MA, ME, NH, RI, VT	Dorsey
Lori.Dorsey@bhddh.ri.gov	RI
Region II Representative	Maria
NJ, NY, PR	Morris-Groves
maria.morris@oasas.ny.gov	NY
Region III Representative	Martha
DE, DC, MD, PA, VA, WV	Kurgans
martha.kurgans@dbhds.virginia.gov	VA
Region IV Representative	Natasha
AL, FL, GA, KY, MS, NC, SC, TN	Marvin
Natasha.Marvin@mh.alabama.gov	AL
Region V Representative	Angie
IL, IN, MI, MN, OH, WI	Smith-Butterwick
SmithA8@michigan.gov	MI
Region VI Representative	Quinetta
AR, LA, NM, OK, TX	Womack
Lisa.Ramirez@dshs.state.tx.us	LA
Region VII Representative	Michele
IA, KS, MO, NE	Tiolotta
michele.tilotta@idph.iowa.gov	IA
Region VIII Representative	Barbara
CO, MT, ND, SD, UT, WY	Shoup Anderson
barbara.shoupanderson@state.sd.us	SD
Region IX Representative	OB
AZ, CA, GU, HI, NV	
112, 611, 60, 111, 14	
Region X Representative	Sarah
AK, ID, OR, WA	Pine
PineSJ@dshs.wa.gov	WA
NTN Representative	Frankie
flong@daodas.sc.gov	Long
	SC
NPN Representative	Gail
Gail.Taylor@dbhds.virginia.gov	Taylor
Jan. 1 ay 101 w donds. viigina. gov	VA

**OTN** Representative

stacy.chamberlain@srs.ks.gov

NASADAD Staff Liaison

swickramatilake@nasadad.org

crussell@nasadad.org

**CSAT Project Officer** 

Sharon.Amatetti@samhsa.hhs.gov

Stacy

Chamberlain KS

Heather Dougherty

(Lead),

Candice Russell

Sharon

Amatetti

### WSN Subcommittees

# **❖** Learning Collaborative on Primary Care Integration

Co-Chairs: Angie Smith-Butterwick (MI) and Valerie Robinson (DC)

Dedicated to sharing information about the integration of women's substance abuse services in primary care settings.

## **❖** Pregnant and Parenting Women

Co-Chairs: Shawna Pena (WY, shawna.pena@wyo.gov) and Karen Pressman (MA, karen.pressman@state.ma.us)

Dedicated to the education of policymakers and legislators regarding substance use during pregnancy, its social and economic impact on women, children, families, and societies, and the need to promote prevention and treatment services that are comprehensive, readily accessible and cost-effective.

## \* Recovery Oriented Systems of Care for Women

Co-Chairs: Jackie Doodley (OH, jdoodley@ada.ohio.gov), Bernestine Jeffers (WI, Bernestine.Jeffers@dhs.wisconsin.gov)

Dedicated to the integration of gender responsive prevention, early intervention, treatment, and recovery services for women and their families across the lifespan within a changing health care environment.

### **Links for More Information**

- NASADAD: http://www.nasadad.org
- CSAT: www.samhsa.gov/about/csat.aspx
- Center for Substance Abuse Prevention (CSAP): www.samhsa.gov/prevention
- Center for Mental Health Services (CMHS) www.samhsa.gov/about/cmhs.aspx
- Children and Family Futures: www.cffutures.org
- National Center on Substance Abuse and Child Welfare: http://ncsacw.samhsa.gov
- National Institute of Corrections: www.nicic.org
- National Trauma Consortium (NTC): www.nationaltraumaconsortium.org/