NASADAD • 1025 Connecticut Ave NW, Ste. 605 • Washington, DC 20036 • T: (202) 293-0090 • F: (202) 293-1250 • Website: www.nasadad.org

IOWA

State Director:

Kathy Stone, Director, LMSW, MBA Division of Behavioral Health Iowa Department of Public Health Lucas State Office Building 31 East 12th Street Des Moines, IA 50319

T: (515) 281-4417 F: (515) 281-4535

Email: kstone@idph.state.ia.us; cc: robin.misel@idph.state.ia.us

Numbers Served – Substance Abuse Treatment: In FY 2013/2014, 43,380 Iowa residents were admitted into substance abuse treatment through SAPT Block Grant-funded programs. This data includes detoxification treatment (24 hour care), rehabilitation/residential treatment, ambulatory (outpatient), and opioid replacement therapy.

Iowa treatment admissions by primary substance of abuse (TEDS, 2014):

Marijuana: 26.4%Alcohol: 24.0%

Amphetamines: 19.7%

Alcohol with secondary drug: 19.2%Prescription opioid pain relievers: 4.8%

• Heroin: 2.2%

Cocaine (smoked) 1.4%Cocaine (other route): 0.5%

Numbers Served – Substance Abuse Prevention: In FY 2013/2014, 200,473 prevention services were provided in Iowa. Of those, 167,998 were provided using individual-based programs and strategies, and 32,475 were provided using population-based programs and strategies.

Federal Substance Abuse Prevention and Treatment (SAPT) Block Grant: The SAPT Block Grant serves as the cornerstone of each State's substance abuse prevention, treatment, and recovery system. By statute, 20 percent of the SAPT Block Grant must be dedicated to critical substance abuse prevention services. The grant is allotted to States by a formula based on the overall funding level set by Congress each year. Iowa received the following SAPT Block Grant allotments for the past four years:

• FY 2016: \$13,093,348

FY 2015: \$13,009,122

• FY 2014: \$13,000,677

• FY 2013: \$12,709,762

Opioid Overdose Deaths

Opioid overdose deaths have been on the rise nationally and in Iowa.

- 2011 Heroin Deaths: 14 (Rate unreliable)
- 2014 Heroin Deaths: 37 (1.2 per 100,000)
- 2011 Prescription Opioid Deaths: 95 (3.1 per 100,000)
- 2014 Prescription Opioid Deaths: 89 (2.9 per 100,000)