

Opioid Addiction in Virginia Policy and Program Responses

Mellie Randall

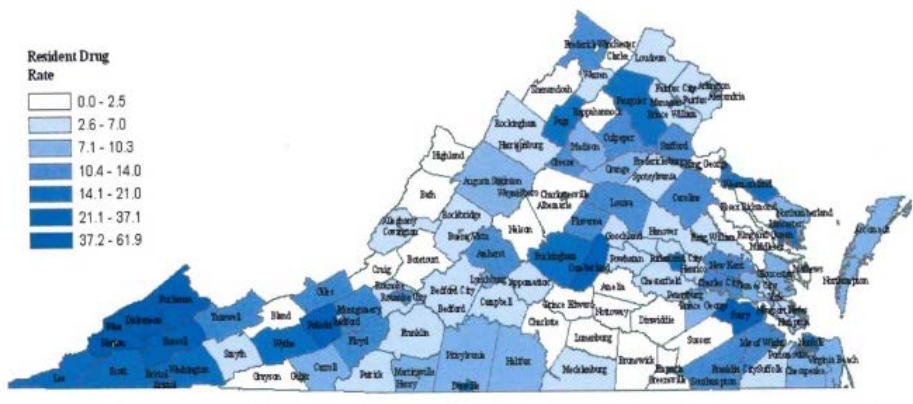
Director

Office of Substance Abuse Services

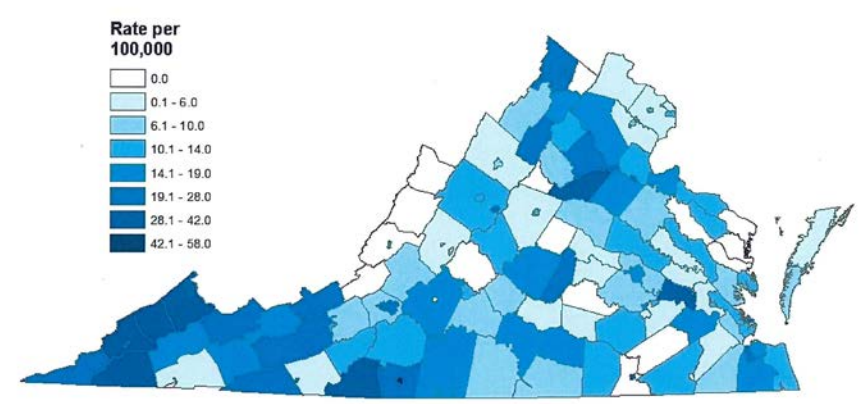
Virginia Department of Behavioral Health and
Developmental Services

The Spread of the Epidemic

2007 Drug/Poisoning Deaths



2013 Drug/Poisoning Deaths



Project REMOTE (2007-2010)

- Advent of MAT in the region
 - OTP opened in the region
 - Buprenorphine
- Access to funding
 - SAMHSA TCE Grant - \$500,000 X 3 years (2007-2009)
 - General Funds – \$267,000 (ongoing)
 - Civil Settlement with Purdue Pharma (\$306,414)
- Prescription Monitoring Program Pilot (2003) and statewide in 2006

Project REMOTE – Key Features

- Clinical
 - Choice of medication (buprenorphine/naloxone; methadone; drug free)
 - Active diversion mitigation
 - Extensive case management
 - Motivational Enhancement Therapy
- Education for health care providers
 - Opioid prescribing,
 - Use of the PMP
 - Community treatment services
- Community
 - Local health departments
 - Local health academics
 - Recovery community

Project REMOTE - Impact

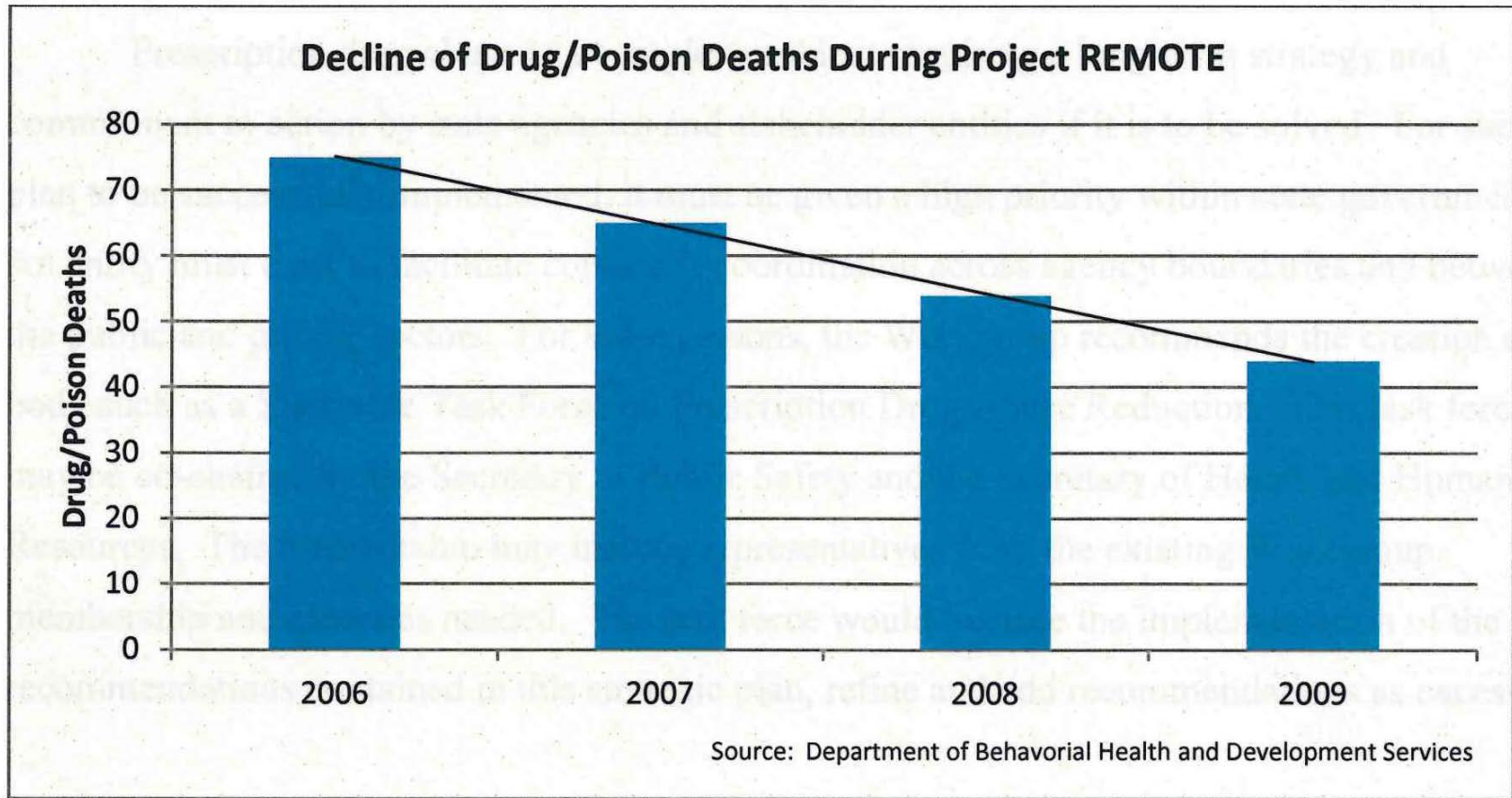


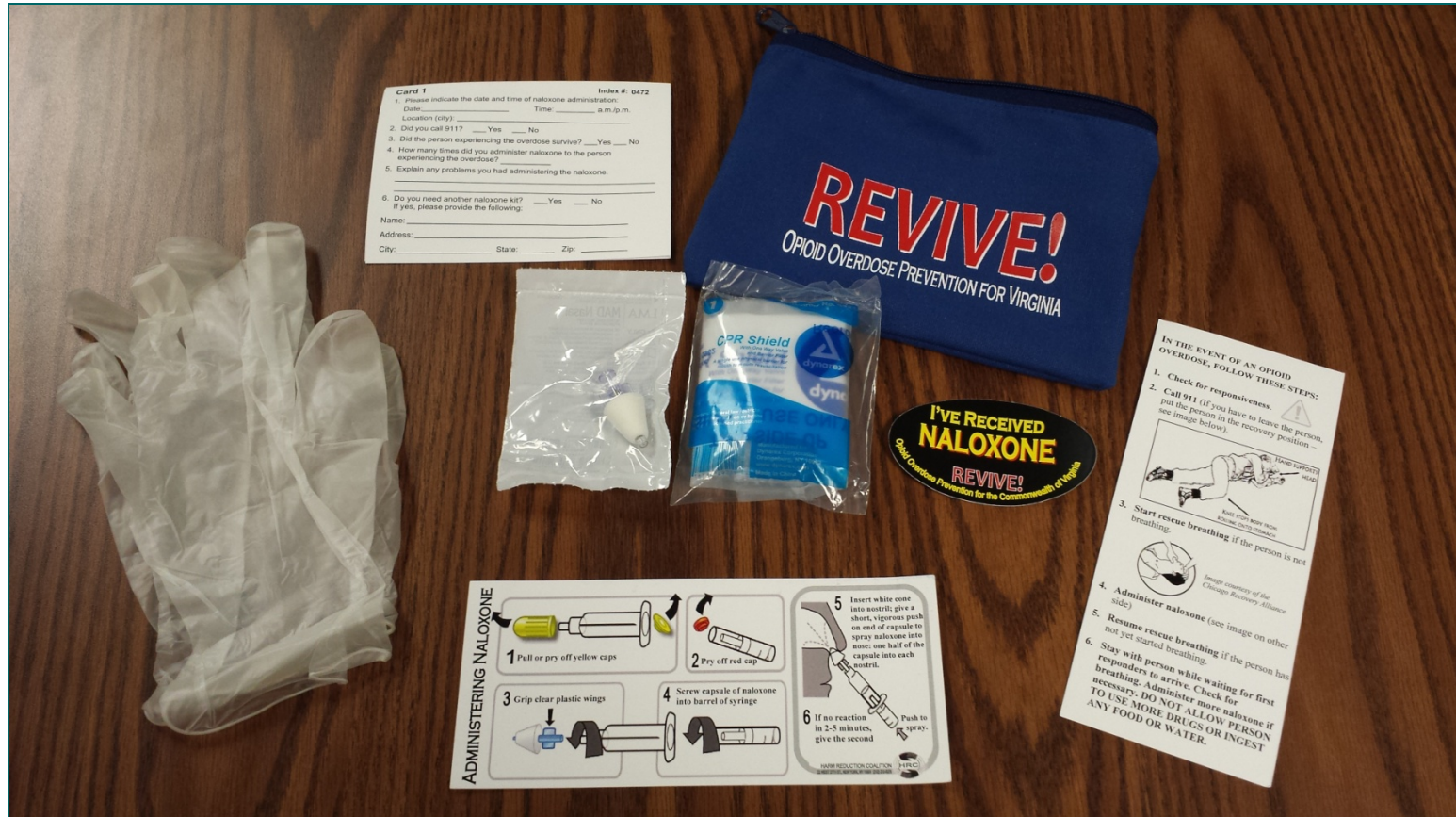
Figure 6

Between 2006 and 2009 Project Remote contributed to the decline in drug/poison deaths in the communities where it was piloted.

National Governors Association Policy Conference

- 2012 -Virginia selected to participate in first NGA Prescription Drug Abuse Reduction Policy Academy
- Led by Department of Health Professions
 - DBHDS included on team
 - NGA focus on Education, Storage and Disposal, Data and Monitoring, Enforcement
 - Virginia's feedback resulted in increased NGA emphasis on the impact of treatment on reducing abuse, addiction and death

REVIVE!



<http://www.dbhds.virginia.gov/individuals-and-families/substance-abuse/revive>

Governor's Task Force on Prescription Drug and Heroin Abuse

- September 2014 – one year
- Public Health and Public Safety
 - Education
 - Treatment
 - Storage and Disposal
 - Data and Monitoring
 - Enforcement

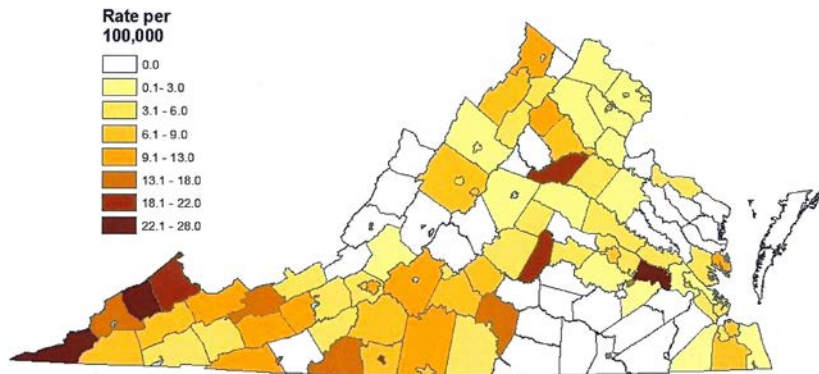
Handle with CARE

- Maternal substance use is highly correlated with infant mortality and founded CPS complaints of neglect.
- In SW Va, parental substance use is the leading cause of removing children from the home.
- Handle with CARE is statewide collaborative led by DBHDS to develop a work plan to reduce maternal SA.
- Includes SUD treatment providers, local physicians, local and state health departments, NICU nurses, Medical Society, health plans, Medicaid, local and state social services.
- DBHDS awarded In Depth TA from National Center for Substance Use and Child Welfare to develop an implementation plan.
- <http://www.dbhds.virginia.gov/individuals-and-families/substance-abuse/handle-with-care>

Rural vs Urban

FMHO Death Rates - 2013

Map 5.6 Rates of OCME FHMO Deaths by Locality of Residence, 2013



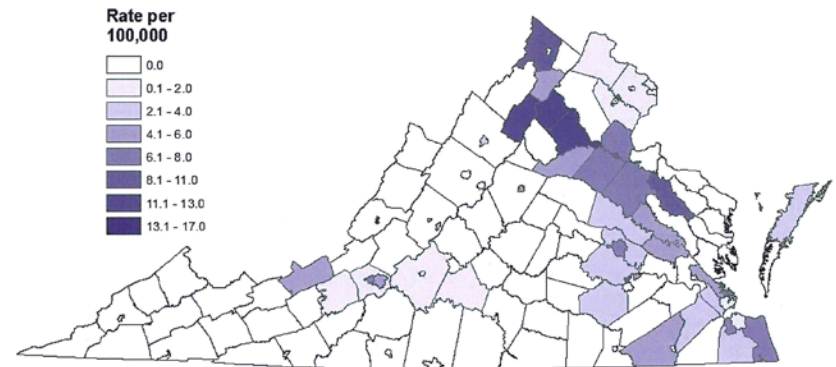
Virginia Department of Health

Office of the Chief Medical Examiner

January 2015

Fatal Heroin OD Rates - 2013

Map 5.14 Rates of Fatal Heroin Overdoses by Locality of Residence, 2013



Virginia Department of Health

Office of the Chief Medical Examiner

January 2015

Silver Linings and Take-Aways

- Evidence-based treatment saves lives!
- Community engagement
 - People Like Us – PLUs
 - Business, health care, law enforcement
- Educate health care providers
 - Appropriate prescribing practices (PMP)
 - Treatment resources
- Educate public safety
 - Addiction basics
 - Naloxone
 - Diversion to treatment

Questions?