



Michigan Department of Health & Human Services

# **Transformation to a Recovery Oriented System of Care: Michigan's Journey**

**NASADAD Annual Meeting, June 2, 2015**

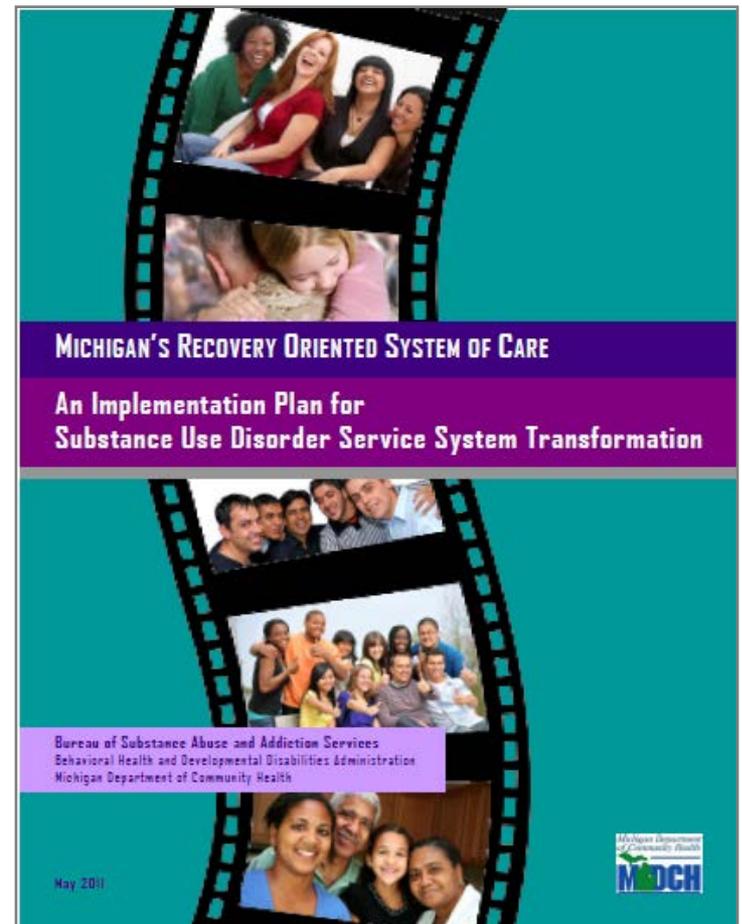
*Putting people first, with the goal of helping all Michiganders lead healthier and more productive lives, no matter their stage in life.*

# ROSC Strategic Plan

## MICHIGAN'S RECOVERY ORIENTED SYSTEM OF CARE

### An Implementation Plan for Substance Use Disorder Service System Transformation

2009



# ROSC Transformation Steering Committee

- Criminal Justice
- Tribal
- Mental Health
- SUD prevention and treatment
- Administrators
- Providers
- Persons in Recovery
- Education

# Transformation Process

- Conceptual Alignment
  - Increase Awareness
  - Develop Consensus
  - Understand Culturally Competent ROSC
- Practice Alignment
  - Align Services and Supports
- Contextual Alignment
  - Change Policy, Fiscal, Regulatory and Administrative Infrastructures

# ROSC Strategic Plan Goals

- I. To Increase Understanding of a System that Promotes Recovery and Resilience in Michigan.**
- II. To Develop a Shared Vision for ROSC in Michigan.**
- III. To Increase Stakeholders' Understanding of Ways in which Services and Supports that Promote Recovery and Wellness may be Similar to, or Different from, Current Services.**
- IV. To Enhance our Collective Ability to Support the Health, Wellness, and Resilience of All Individuals by Developing Prevention-Prepared Communities.**
- V. To Promote Health Equity in Michigan's SUD Service System.**
- VI. To Enhance the Ability of People with SUDs to Both Initiate and Sustain their Recovery.**
- VII. To Ensure that Michigan Residents in Need of SUD Treatment Receive Effective Services and Supports, Regardless of the Systems they Enter.**
- VIII. To Mobilize the Recovery Community and Increase the Hope that Recovery is a Reality in Michigan.**
- IX. To Ensure that the Transformation Efforts are Sustainable and Become Embedded in Systems and Communities throughout Michigan.**

# Conceptual Alignment

- Regional Meetings
- Trainings
- Fact Sheets
- Quarterly Newsletter
- SUD annual conference
- Website
- Recovery Walk and Rallies

Michigan's Policy Academy  
Action Plan: Bringing  
Recovery Support Services  
to Scale



**Michigan's Policy Academy 201**

# BRSS TACS

- Purpose of award
  - Develop a plan for initiating activities to transform the behavioral health workforce in Michigan to fully incorporate the role of the individual with lived experience.

# BRSS TACS

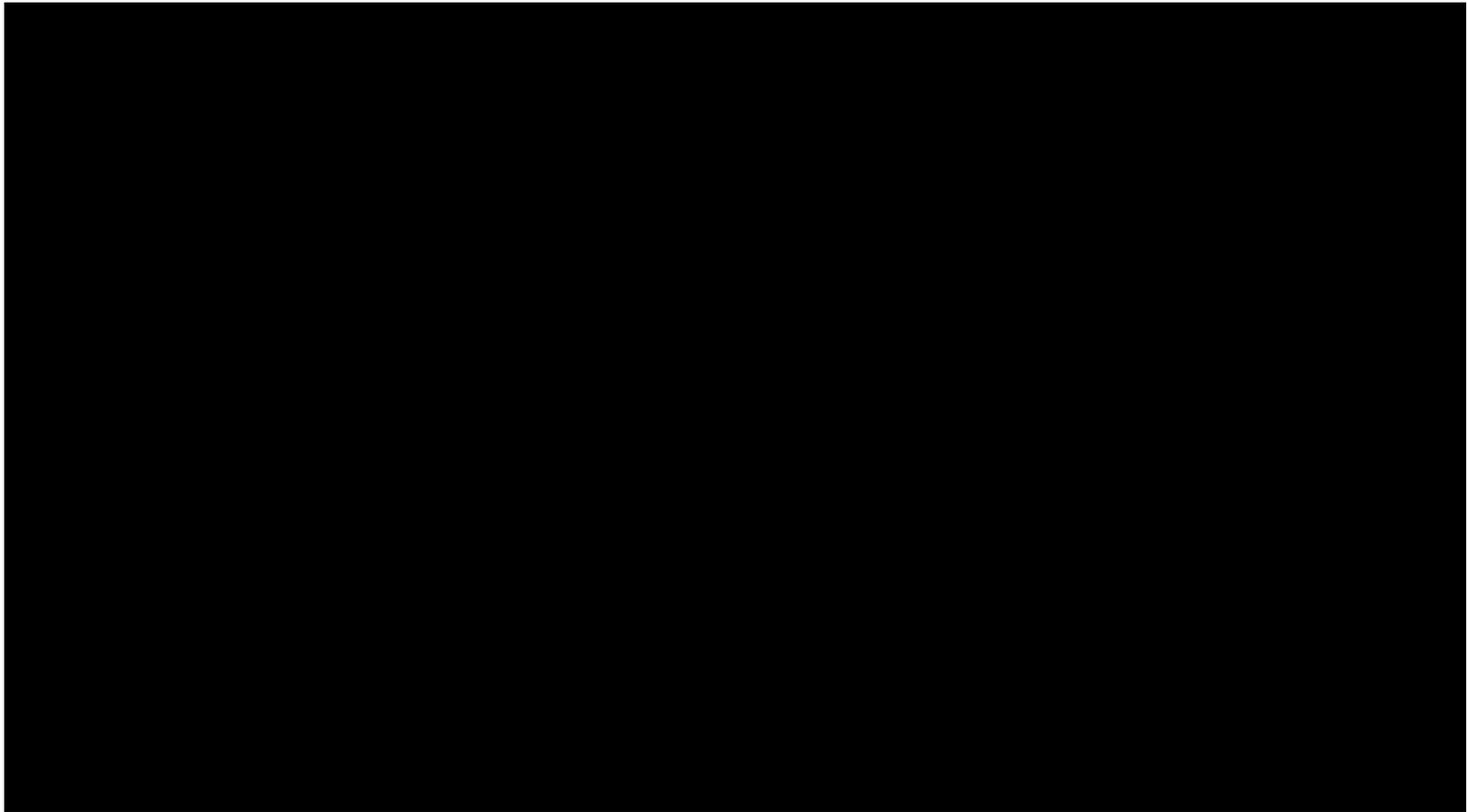
Bring peers from mental health system and SUD system together to discuss similarities that exist in recovery.

# BRSS TACS

- **Definition of Recovery**

Recovery is pursuing a life full of meaning, purpose and one's sense of self. It is an ongoing personal and unique journey of hope, growth, resilience and wellness. Recovery is a process that builds relationships and networks and supports a person's use of their strengths, talents and passions. Recovery is within each and every individual.

# BRSS TACS Recovery Video



# Re-Organization

June 2013

Established: **Office of Recovery Oriented  
Systems of Care**

- Purpose: to ensure the concepts of wellness and recovery are integrated into behavioral health services and support

# OROSC

- Mental health peer supports specialist training
- Peer Recovery Coach
- SUD Prevention, treatment and recovery services
- Consumer Services

# ROSC Evaluation 2013

Conducted a baseline survey to assess the knowledge, preparedness and capacity for further transformation

# ROSC Evaluation Results 2013

Since the introduction of ROSC in 2009:

- 71% - level of collaboration with other organizations
- 62% - level of community involvement
- 67% - use of peer coaching
- 66% - communication with other agencies

# RESTRUCTURE

- October 1, 2013 merger of SUD administration functions into PIHP
- January 2014 – 18 PIHP's reduced to 10
- April 1, 2014 – Healthy Michigan

# ACCOMPLISHMENTS

## *Contextual Alignment*

- Each PIHP is required to have a recovery plan and implement the guiding principles established under ROSC.
- TSC developed Enhanced SUD services that were included in Healthy Michigan

# Transformation Steering Committee

- Lead advisory committee for the behavioral health systems ROSC transformation efforts.
- Keep ROSC branding front and center
- Assure ROSC principles are infused in BHDDA practices, policies and procedures
- Direct communication with the departments Behavioral Health Advisory Council

# Restructure

- April 10, 2015 – Department of Health and Human Services

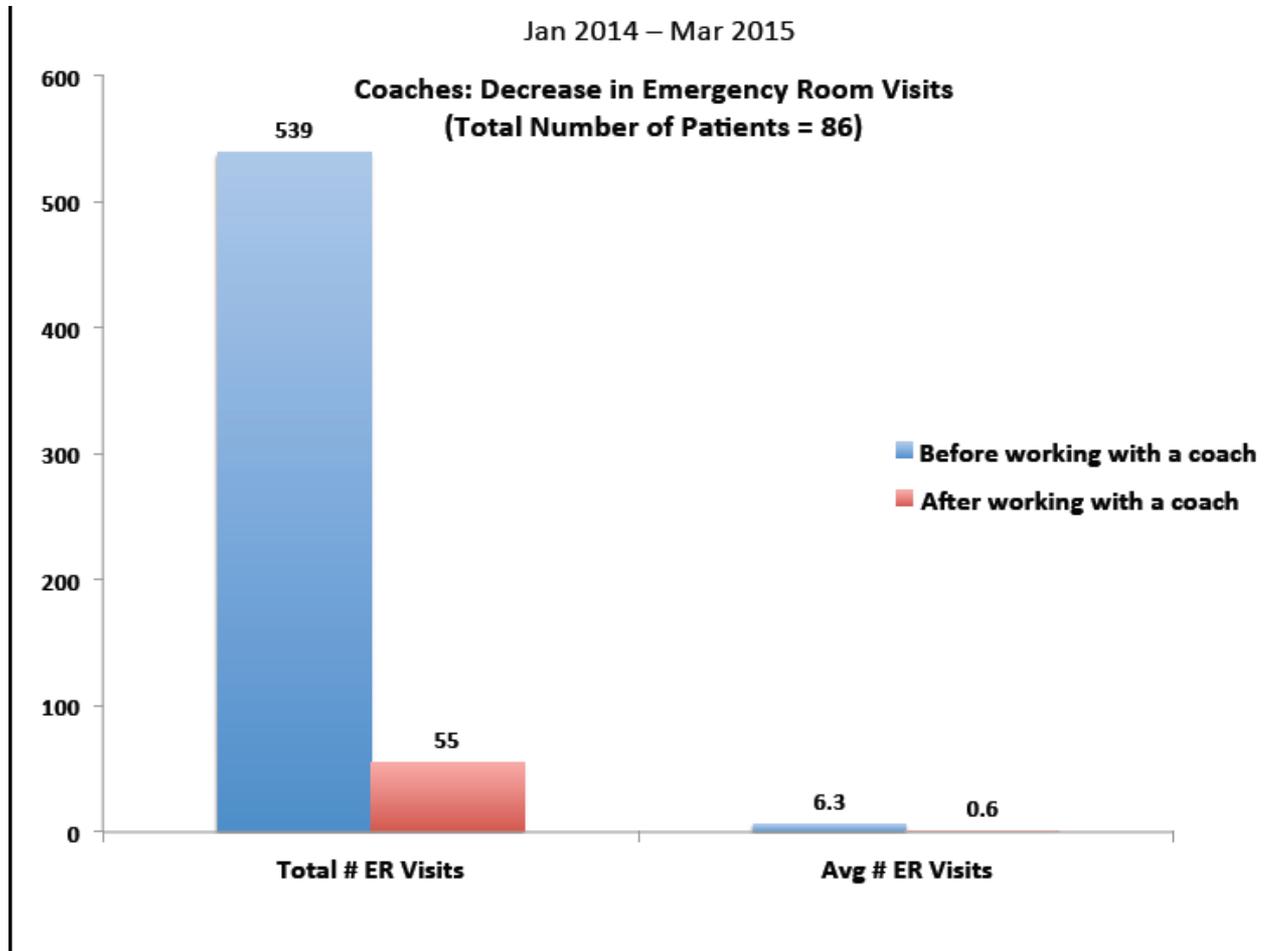
# BRSS TAC AWARD 2015

- PSS and Peer recovery coach in correctional facilities
  - Train and certify 60 incarcerated individuals in two prisons
  - Strengthen recovery oriented services in criminal justice settings

# Accomplishments

- Peers in FQHCS
  - Health coaches in primary care setting
  - Decrease in ER visits
- 1,375 Peers trained
- Lt. Governor and Department Director speaks at graduation ceremonies
- Medicaid billable service

# Decrease in ER Visits



# Recovery Coach Curriculum

- Workgroup
  - Terms
  - Roles of peer recovery coaches
  - Recovery story
  - Recovery process
  - Helping skills
  - Behavior
  - Personalizing support
  - Teaching and guiding
  - Advocacy
  - Health, Wellness and Recovery
  - Working with Self/Working with Others

**RECOVERY**

**is a reality**

**in Michigan!**



# For More Information

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[www.michigan.gov/bhrecovery](http://www.michigan.gov/bhrecovery)