

FLORIDA

Introduction

The National Association of State Alcohol and Drug Abuse Directors, Inc. (NASADAD) is a not-for-profit organization that works to promote effective and efficient State substance abuse service systems. NASADAD members include the State Substance Abuse Directors from the 50 States and five Territories. These State Directors, also known as Single State Authorities (SSAs), have the front-line responsibility for managing the nation's publicly funded substance abuse prevention, treatment and recovery systems.

Substance Abuse Prevention and Treatment Block Grant

The Substance Abuse Prevention and Treatment (SAPT) Block Grant is a formula grant awarded to every State and territory. It is the backbone of our publicly funded substance abuse prevention, treatment and recovery system. This flexible funding stream is designed to help States address their own unique needs related to addiction. In addition, 20 percent of the SAPT Block Grant is, by statute, dedicated to prevention services. Florida's FY 2010 SAPT Block Grant allocation is \$100,688,583 representing approximately 47% of the State agency's substance abuse funds in state FY 2010.

SAPT Block Grant Yields Results: Through outcomes data, State substance abuse directors report that SAPT Block Grant-funded services help people remain alcohol and drug free; obtain or regain employment; stay out of the criminal justice system; find stable housing; and enter into recovery. For example, Florida reported the following **treatment outcomes in State Fiscal Year 2009:**

- 57.6% free from alcohol use at discharge
- 58.6% were free from illicit drug use at discharge
- 78.1% had stable housing at discharge
- 83.0% were free from arrest at discharge
- 68.91% were employed at discharge

Programs Designed for Women

Programs designed for women offer specialized assessments, outreach, intervention, treatment and/or referral including: primary, prenatal, well baby and maternal health care; child care; sexual abuse and domestic abuse counseling; and, counseling related to interpersonal/relationships, self sufficiency, education/vocational issues, building self-esteem, and interim services. Services are offered through a range of detoxification, intervention, residential, outpatient and, in some areas, methadone, day treatment and/or in-home services. Although services are more accessible to areas with a higher population density where most of the treatment capacity exists, some capacity exists in most rural counties, but may be limited to outpatient or in-home services.

- Approximately forty-eight thousand women are served annually through assessment, intervention or treatment services
- 28,210 women Statewide were admitted to treatment
- 1,196 were pregnant and 2,575 were post partum at time of admission
- 5,429 of the female admissions, or 19%, had a dual mental health diagnosis
- 3,593, or 13%, participated in drug court
- 2,030 women were reported as having a drug free delivery prior to discharge

Florida Quick Facts Treatment & Targeted Prevention

Clients served in FY 2008-2009

Adults - 126,698 Children - 53,783

➤ **Primary substance of abuse at admissions:**

	Adult	Children
Alcohol	35%	13.4%
Marijuana	23.1%	79.4%
Cocaine	20.0%	1.0%
Opiates	14.5%	1.5%
Other	7.4%	4.7%

➤ **Gender:**

	Adult	Children
Male	58.1%	71.5%
Female	41.9%	28.5%

➤ **Age at admission:**

	Adult	Children
10 and under	n/a	4.7%
11-13	n/a	14.9%
14 -17	n/a	78.9%
18-24	21.1%	1.4%
25-44	47.5%	n/a
45-64	22.9%	n/a
65 and over	9.0%	n/a

➤ **Race/Ethnicity:**

	Adult	Children
White	65.5%	42.6%
Hispanic/Latino	6.9%	14.7%
Black	22.4%	36.5%
All others	5.3%	6.1%

Treatment Gap

The National Survey on Drug Use and Health (NSDUH) estimates that of 1,253,917 adults in need of individualized substance abuse services in Florida, 33% (413,793) would seek services if available. In FY 2008-2009, the Department provided services to approximately 30% (126,698) of those adults.

The Florida Youth Substance Abuse Survey estimates that of 321,622 children in need of services, approximately 30% (106,135) would seek services if available. In Fiscal Year 2008-2009, the Department served approximately 50% (53,783) of those children.

Treatment for Elders through SBIRT – Screening, Brief Intervention, and Referral to Treatment

Florida's Brief Intervention and Treatment for Elders (BRITE) program is funded by a five-year grant from the federal Substance Abuse and Mental Health Services Administration (SAMHSA) at \$2.8 million per year and with \$574,000 of State/federal funds. The program provides universal substance abuse screening for older adults (55 and older) through primary health care settings (hospitals, urgent care centers, trauma centers, physicians, and Federally Qualified Health Centers) and specialty care settings (substance abuse and mental health treatment agencies, women's services, elder care services and other community-based programs).

Older adults screening "positive" for at-risk substance use/misuse/abuse are provided with short-term counseling and education sessions designed to modify the individual's thoughts and behaviors regarding alcohol, prescription medication, or other substance use/misuse, and to prevent the progression of substance abuse and the need for deep-end, more costly services. BRITE costs an average of \$121.00 per person versus approximately \$2,200 per person for detoxification or residential treatment. BRITE will serve 66,000+ clients over the life of the SAMHSA grant.

Prevention Strategies

The SAPT Block Grant prevention set-aside represented 87% of the State agency's prevention budget and represented 25% of the Block Grant budget. Approximately 152,320 individuals in Florida participated in SAPT Block Grant prevention set-aside programs and activities in FY08-09.

As part of the State's prevention strategy, Florida conducts a Statewide social marketing campaign targeting parents of middle school youth. The campaign is supported locally by community substance abuse coalitions in 51 of Florida's 67 counties. The Statewide media and coalition activities reach 95% of Florida's youth and parent population. The State is currently transitioning its approach to distribution of Block Grant Prevention Set-Aside funds to the principles of the Strategic Prevention Framework.

National Outcome Measures (NOMs)

- **Abstinence from Drug/Alcohol Use**
- **Employment/Education**
- **Crime and Criminal Justice Involvement**
- **Stability in Housing**
- **Social Connectedness**
- **Access / Capacity**
- **Retention**
- **Perception of Care**
- **Cost Effectiveness**
- **Use of Evidence-Based Practices**

National Outcome Measures (NOMs)

NASADAD strongly supports the use of performance and outcome data to help improve services and improve lives. In fact, States across the country already capture and utilize data to help manage their systems. This experience shows that in order to effectively shape policy and practice decisions, such data must be clear, relevant and timely. The development and implementation of NOMs should help improve this decision-making process and paint a better snapshot of our substance abuse prevention and treatment system. As NOMs moves forward, NASADAD remains committed to working with SAMHSA to ensure that this data initiative evolves over time to take advantage of advances in technology and clinical practice.

Accountability

Every provider of substance abuse services, whether funded by the State or not, must be licensed through the Substance Abuse Program Office Florida Department of Children and Families (Florida Statute 397.401). There are a few specific exceptions but those are specifically spelled out in the statute and rule (65D-30 Florida Administrative Code). The licensing process includes an application and on-site inspection and review.

For those Substance Abuse providers that have a contract with the State Substance Abuse office, the office does onsite monitoring of their programs including an Administrative review of the agency and a client level review of the specific services being provided (Florida Statutes 287.057, 394.74, 397 and 402.7305). Each of these contracted providers is also required to submit data (Florida Statute 394.74(3)(e)) on all of the clients they serve. Information gathered from performance data, licensing reviews, and agency administrative reviews may be considered in canceling and or reducing the scope of contracts.



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