

NATIONAL ASSOCIATION OF STATE ALCOHOL AND DRUG ABUSE DIRECTORS

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# **WYOMING**

#### Introduction

The National Association of State Alcohol and Drug Abuse Directors, Inc. (NASADAD) is a not-forprofit organization that works to promote effective and efficient State substance abuse service systems. NASADAD members include the State Substance Abuse Directors from the 50 States and five Territories. These State Directors, also known as Single State Authorities (SSAs), have the front-line responsibility for managing the nation's publicly funded substance abuse prevention, treatment and recovery systems.

#### Substance Abuse Prevention and Treatment Block Grant

The Substance Abuse Prevention and Treatment (SAPT) Block Grant is a formula grant awarded to every State and territory. It is the backbone of our publicly funded substance abuse prevention, treatment and recovery system. This flexible funding stream is designed to help States address their own unique needs related to addiction. In addition, 20 percent of the SAPT Block Grant is, by statute, dedicated to prevention services. Over the past four years, the overall SAPT Block Grant has been cut approximately \$20 million. Wyoming's FY 2007 allocation of approximately \$3.3 million represents about 18 percent of the State's budget for addiction related services.

**SAPT Block Grant Yields Results:** Through outcomes data, State substance abuse directors report that SAPT Block Grant-funded services help people remain alcohol and drug free; obtain or regain employment; stay out of the criminal justice system; find stable housing; and enter into recovery. Wyoming has worked diligently to address tremendous technological obstacles with regard to Statewide data collection and management during the past 2 years. This work will enable to Wyoming's Mental Health and Substance Abuse Services Division to report outcomes data beginning in FY '08.

#### **Prevention Services**

Wyoming reaches an estimated 7,170 persons with prevention services funded in part by the twenty percent prevention set-aside of the SAPT Block Grant. A highlight of the services includes the Annual Summer Institute. The program is a joint collaboration with the Wyoming Department of Education and the design of this program is "Building Partnerships for Children, Families and Communities." The program brings together participants from a variety of disciplines and provides information on best practices, program management, and a variety of other related topics.

Providers served over 9,389 youth and adults during FY 2006 and distributed 443,167 units of prevention material. In addition, local providers identified 185,582 recipients of information dissemination activities through a total of 24 local events and activities. SAPT Block Grant-funded prevention services are offered in all 23 counties of Wyoming. The majority of prevention efforts focused upon community-based processes and information dissemination.

#### Family Treatment Services

Pregnancy and prenatal care information is collected on all female clients entering the publicly funded system. At the time of admission, approximately 3 percent of the women entering treatment (70 women) were pregnant. This information aids the provider in planning successful treatment strategies and wraparound services for the woman.

Among other services for pregnant and parenting women, Wyoming offers residential treatment programs in which children are able to stay with their parent during treatment. In addition, day treatment services, Intensive Outpatient Programs (IOP) and Outpatient Programs (OP) programs are also available for women with children and families in several Wyoming communities.

#### Wyoming Quick Facts

#### **Treatment Admissions**

Approximately 8,600 clients served in FY 2006

۶	Primary substan abuse at admissior		of	
	Alcohol		.33%	
	Methamphetamine		.88%	
	Marijuana		.56%	
	Amphetamine		.38%	
	Cocaine/Crack		.09%	
	Heroin		.14%	
	All others		.61%	
	All others	5	.0170	
≻	Gender:			
	Male	67	.35%	
	Female	32	.65%	
~				
× .	Age:	10	520/	
	Under 18 18-24		.53% .39%	
	25-44		.11%	
	45-64		.20%	
	65 and over	0	.77%	
≻	Race/Ethnicity:			
	Hispanic/Latino	10	.45%	
	White		.66%	
	AI/AN	3	.96%	
	Pacific Islander	0	.24%	
	Black	1	.68%	
	All others	7	.46%	
	Treatment Gap			
~	It is active at all that 2.500 of			
*	It is estimated that 2.56% of			
	Wyoming's population aged 12 and over was <i>Needing But</i>			
	Not Receiving Treatment for			
	Illicit Drug Use in Past Year			
	(2.56% or 11,184 Wyomingites)			
	(2.50%) 011,104 Wy01	migik		
≻	It is estimated that 9.00% of			
	Wyoming's population aged 12 and over was <i>Needing But</i>			
	12 and over was <i>Needing But</i>			
	Not Receiving Treatment for			
	Alcohol Use in Past Year			

(9.00% or 39,318 Wyomingites)

## National Outcome Measures (NOMs)

- > Abstinence from Drug/Alcohol Use
- Employment/Education
- Crime and Criminal Justice Involvement
- > Stability in Housing
- > Social Connectedness
- Access / Capacity
- Retention
- Perception of Care
- Cost Effectiveness
- > Use of Evidence-Based Practices

## National Outcome Measures (NOMs)

NASADAD strongly supports the use of performance and outcome data to help improve services and improve lives. In fact, States across the country already capture and utilize data to help manage their systems. This experience shows that in order to effectively shape policy and practice decisions, such data must be clear, relevant and timely. The development and implementation of NOMs should help improve this decisionmaking process and paint a better picture of our substance abuse prevention and treatment system. As NOMs moves forward, NASADAD remains committed to working with SAMHSA to ensure that this data initiative evolves over time to take advantage of advances in technology and clinical practice.

## Accountability

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Wyoming uses the following standards to measure performance by providers:

- On-site inspections, required activity reports
- Performance-based Contracts
- Certification standards for programs and facilities

If providers are not meeting standards, the following mechanisms are used to improve performance and quality:

- Recent legislation and contract provisions allow for funding to be withheld
- MHSASD provides technical assistance to agencies to improve quality of services
- > Free regional training is provided by MHSASD to all funded and non-funded agency personnel

## **Economic Costs**

According to the National Institute on Drug Abuse (NIDA) and the White House Office of National Drug Control Policy (ONDCP), the economic cost to U.S. society of alcohol and drug abuse was \$328 billion in 1998. Only 3.9 percent of the total economic costs were for alcohol and other drug treatment.

## Wyoming reports the following Cost Savings:

- Criminal justice costs
  - Cost per year per person for incarceration in Wyoming: \$35,000. Average cost per year for treatment: \$500 to \$6,500 per client depending on level of service/treatment
- Costs incurred by child welfare system due to addiction
  - Average yearly cost for out-of-home placement in Wyoming: Child Protection = \$8556; Juvenile Delinquents = \$30, 360; Youth/Family Services = \$27,156
- Costs related to employment
  - o Employment statistics show that at least 50% of clients are employed at discharge from treatment

# Wyoming Adult Consumer Satisfaction Survey 2006

A survey completed by adults in substance abuse treatment regarding their treatment services outcomes found the following:

- Improvement in Social Support......85%
- ► Level of Functioning......70%
- Decreased Substance Use.....Approximately 50%
- > Other Outcomes (e.g., better at work)......85.5%

# Level Funding of the SAPT Block Grant

As costs of providing services (both treatment and prevention) constantly increase, level funding would ultimately reduce the number of clients served. While no facilities would be closed immediately, in subsequent years, difficult decisions would have to be made. Eventually, some centers would eliminate providing services to particular populations or eliminate part of their continuum of care.



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